metro
PHILADELPHIA NO. 1 FREE DAILY IN THE
Tuesday, March 29, 2016 metro.us | t: MetroPhilly | f: MetroPhilly

J-LAW'S FITNESS SECRETS

You can still have burgers and booze. 24

Glen Macnow on America's guilty love affair with football. 26

Augusten Burroughs on life after sobriety. 20

NOT A FARE DEAL

Woman arrested after allegedly stiffing cabbie for pricey NYC-to-Philly trip. 6-7

PHOTO ILLUSTRATION: BILLY BECERRA & GETTY IMAGES

3 THINGS YOU NEED TO KNOW

PAKISTAN HUNTS MILITANTS BEHIND BLAST THAT KILLED 70

Pakistan has decided to launch a paramilitary crackdown on Islamist militants in Punjab, the country's richest and most populous province, after an Easter Day bombing killed 70 people in the provincial capital Lahore, officials said Monday. Sunday's suicide bombing at a public park was claimed by the Pakistani Taliban's Jamaat-ur-Ahrar faction, which once declared loyalty to Islamic State. The group said it was targeting Christians. The brutality of the attack, Jamaat-ur-Ahrar's fifth bombing since December, reflects the movement's attempts to raise its profile among Pakistan's increasingly fractured Islamist militants. At least 29 children enjoying an Easter weekend outing were among those killed when the suicide bomber struck. REUTERS

LAWMAKERS, UNIONS REACH $15 MINIMUM WAGE DEAL IN CALIF.

2 California lawmakers and union leaders have reached a tentative deal to raise the state's minimum wage to $15 over six years that could avert a campaign to bring the issue to voters, two California newspapers reported, citing unnamed sources. The deal, if passed in the state Legislature and signed into law by Gov. Jerry Brown, would add to a wave of minimum wage increases at the state level in the United States, where the federal minimum wage has remained at $7.25 an hour for more than six years. The agreement, as reported by the Los Angeles Times and the Sacramento Bee, would gradually raise the minimum hourly wage in the most populous U.S. state to $15 in 2022 from the current $10. REUTERS

IRAN VOWS TO PURSUE MISSILE PROGRAM DESPITE NEW SANCTIONS

3 Iran will pursue its development of ballistic missiles despite the U.S. blacklisting of more Iranian companies linked to the program, a senior Revolutionary Guards commander said Monday. The Islamic Revolutionary Guards Corps test-fired several ballistic missiles this month, drawing condemnation from Western leaders who believe the tests violate a United Nations resolution. The U.S. Treasury Department blacklisted on Thursday two Iranian companies, cutting them off from international finance over their connection to the missile program. Washington had imposed similar sanctions on 11 businesses and individuals in January over a missile test carried out by the IRGC in October 2015. REUTERS

From left, Cherie Ryan, Felicia Pendleton and Sheila Ward, all of whom have lost family members to gun violence, during a council hearing on youth violence at City Hall. Ryan's son Terence was killed in 1990, and Pendleton's son Jayvon Mitchell-Pendleton was killed three weeks ago. CHARLES MOSTOLLER

Bloody weeks of violence in Philly leads to emotional testimony at City Hall

"I don't want my son's death to be in vain," says one mom.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Felicia Pendleton, the mother of a 20-year-old shot to death on a North Philly street earlier this month, testified to City Council Monday about the bloodshed in Philadelphia.

"I don't want my son's death to be in vain. I knew my son, and what he wanted to do. I need to help his friends now," said Pendleton, 40. "He was a motivator."

City Council's Committee on Public Safety held a daylong hearing Monday on youth gun violence in the wake of an especially bloody few weeks. There were multiple murders last week — 10 shootings last Wednesday alone — and six murders in a day two weeks before that.

Jayvon Mitchell-Pendleton was slain March 2 near 23rd Street and Lehigh Avenue. Two suspects are in custody charged with the shooting. Pendleton said she didn't know the suspects and still doesn't know why her son was shot, saying he was not a drug dealer and did not carry a gun.

Law enforcement leaders, academics and social workers testified during the hearing about stopping the violence. There were plenty of good ideas: addressing truancy, improving education, connecting young people with after-school activities and jobs, and increasing funding to programs that provide psychological services to children affected by violence.

But Pendleton's message in her testimony made the gap between the ideas and the reality of the violence that snatched her son's life clear: "I need to see it outside of City Hall. I need to see some work being done for these youth and these kids right now," she testified, to applause.

There have been 62 murders in Philadelphia since 2016 began, a 6 percent increase over 2015, and no clear answer to curbing the city's violence emerged after more than six hours of testimony.

People testifying brought up court diversion programs, law enforcement programs and services like Powercorps PHL as examples of things that can help youth avoid trouble. But others wondered whether people trapped in a cycle of violence even know about these opportunities.

"Are we putting enough money into these programs or doing enough to let people know about them?" asked Councilman Curtis Jones Jr., chair of the committee on public safety. "The average person on the street, whether you are a victim of crime, whether you are a potential person who wants to get out of that life, doesn't know what those pathways are."

Dr. Joel Fein, of the Children's Hospital of Philadelphia's violence-prevention initiative, testified that youth gunshot victims are on the rise in Philly, with more than 480 such cases in 2015.

"Once a teenager feels that he or she needs a gun, there are few things that can convince them otherwise," Fein testified.

He shared insights from youth victims of violence interviewed at CHOP: "Guns are everywhere," one said. "I don't want a gun, but the world is just so crazy right now," said another, according to Fein.

The high number of illegal guns in Philly was cited as one cause of the bloodshed in the city.

"There are no gun factories in Point Breeze, there are no gun factories in Strawberry Mansion," said Councilman Kenyatta Johnson. "Clearly these guns are coming from somewhere."

DANISAUTO

DANISAUTO.COM

AS SEEN ON: FOX 29

PHILADELPHIA'S #1 RATED CAR DEALER

$399/Month
2013 Mercedes E550 4MATIC

$379/Month
2015 Chevy Traverse 2LT

$387/Month
2009 GMC Yukon Denali 4WD

$369/Month
2015 Buick LaCrosse CXL

$357/Month
2016 Hyundai Sonata SE

$356/Month
2015 Cadillac ATS Luxury

$500 Down
$349/Month
2008 Cadillac Escalade AWD

$500 Down
$343/Month
2013 Lincoln MKZ AWD

$500 Down
$331/Month
2014 Nissan Maxima

$500 Down
$329/Month
2013 BMW 3-Series AWD

$500 Down
$328/Month
2015 Dodge Charger SE

$500 Down
$319/Month
2013 Audi A4 Quattro S-Line

$500 Down
$319/Month
2013 Nissan Pathfinder SV

$500 Down
$319/Month
2013 Buick Enclave AWD

$500 Down
$309/Month
2015 Ford Fusion Titanium

$500 Down
$299/Month
2015 Jeep Compass Sport 4WD

$500 Down
$299/Month
2012 GMC Acadia AWD

$298/Month
2012 Chrysler Town & Country

$296/Month
2010 Buick LaCrosse CXS

$296/Month
2013 Volkswagen CC Sport

$296/Month
2016 Toyota Corolla S

$289/Month
2013 Hyundai Santa Fe AWD

$287/Month
2012 Acura TSX

$287/Month
2014 Toyota Camry Sport

$283/Month
2014 Honda Accord LX

$279/Month
2012 Jeep Liberty Sport AWD

$269/Month
2013 Nissan Rogue SV AWD

$269/Month
2013 Mitsubishi Outlander Sport

$212/Month
2012 Kia Optima LX

$211/Month
2013 Nissan Altima

DOWN PAYMENTS AS LOW AS $500
WEEKLY PAYMENTS AS LOW AS $49

DISCOUNTS FOR MILITARY PERSONNEL, CREDIT UNION MEMBERS, CITY, HOSPITAL AND SEPTA EMPLOYEES.

Monthly payments reflect 2.49% financing for 66 months with $500 down. Tax or tags extra.

DANIS OF TORRESDALE
6250 Torresdale Ave
Philadelphia, PA 19135
(215) 335-3333

DANIS OF HARBISON
6450 Harbison Ave
Philadelphia, PA 19149
(215) 333-5520

SCREENSHOT NBC10

Fight breaks out at South Philly Easter carnival: reports

A carnival in South Philly was thrown into chaos Sunday night after a fight broke out, NBC10 reported.

The fight at the Southeast Youth Athletic Association Easter carnival at 700 Packer Ave. reportedly and involved several teens and shut down the event early.

According to 6ABC, the crowd panicked and ran when someone yelled that there was a gunshot, however police explained the gunshot was merely a rumor.

Paramedics made their way to the scene and took one person to the Children's Hospital of Philadelphia for difficulty breathing, though it was unclear if the medical incident was related to the fight.

According to police, five people were arrested for disorderly conduct and officials were still investigating the exact cause of the initial fight. MATT LEE

WANTED 25 UGLY HOMES – GET YOUR HOME REMODELED AND CASH IN YOUR POCKET!

We are looking for 25 homes in sub-par condition that we would be able to remodel. You must SIGN A RELEASE, and allow us to photograph your installation for a soon to be released brochure. In addition to remodeling your home at GREATLY DISCOUNTED PRICE, we will give each customer up to $500 for EACH REFERRAL that they call our company with.
You can essentially get remodeling work done for FREE or turn a profit if you refer enough business to us.

WE ALSO WILL GIVE A $300-500 CASH REBATE TO EVERY CUSTOMER THAT WE COMPLETE A PROJECT FOR! (LIMITED TIME ONLY)

ANY TYPE OF REMODELING WORK IS ACCEPTABLE!

We do all types of residential remodeling and do most projects with NO MONEY DOWN! Projects can be financed through our lending partners. They offer:

1. FHA mortgages starting at rates of about 3.25% fixed
2. FHA Title 1 Home Improvement loans starting at 5.99%
3. Unsecured personal loans starting at 3.99% fixed
4. FHA Reverse Mortgages for those people 62 years of age or over

NO PAYMENTS AND/OR INTEREST FOR UP TO 18 MONTHS FOR QUALIFIED BUYERS

Many of the programs allow for bad credit, so don't hesitate to call. We also lay out money to get homes into condition to be appraised!

WWW.TRISTATECREATIONS.COM

1-888-990-8886

PA #002286
NJ #13V04728900
Philadelphia # 39104

Amount of cash rebate based on size of project. Must mention cash rebate promotion when you call in for an appointment. PRIOR SALES EXCLUDED

Lease Today!

Cloisters I

Studios from $867
One bedrooms from $997
Two bedrooms from $1,100

Contact Us:
3823 Spring Garden Street | Philadelphia, PA 19104
T: 215.382.2112 | F: 215.382.0308
E: Cloisters@pennrose.com | CloistersApts.com

PENNROSE
We Bring It All Together

*Income restrictions apply

BECOME A PRACTICAL NURSE

PITC Institute
Call at 215-392-6328
Apply at www.pitc.edu
827 Glenside Ave, Wyncote, PA 19095

PITC INSTITUTE

Classes Enrolling Now

Financial Aid and Military benefits available for those who qualify.
Consumer Information please go to www.pitc.edu

Dock Street Brewery launches anti-Trump beer

COURTESY OF DOCK STREET BREWERY

Philly's own Dock Street Brewery has launched a line of anti-Trump beer called "Friends Don't Let Friends Vote Drumpf," the brewery announced via its website.

The brewery's use of the name "Drumpf" is a reference to John Oliver's "Make Donald Drumpf Again"meme, which he started in an extensive segment lambasting the candidate. Trump's family Anglicized its German surname's spelling sometime after immigrating to the United States.

"Beer has always, throughout history, been a key ingredient in the recipe for revolutionary ideas. In that spirit, we're brewing this series to declare our disdain for Drumpf, and to extend a little nod of solidarity to our friends, fans and neighbors that also believe the country deserves better representation — on a national and international platform — in the race to be commander in chief," the brewery explained in a post on its website.

The brewery announced that the first in the line of beers will be the "Short-Fingered Stout," and described it as "a bitter and delusional stout with an airy, light-colored head atop a so-so body."

Ouch.

The beer has yet to be released, but Dock Street promises to announce the date soon and teased a possible public event in conjunction with the release. MATT LEE

Dynamic
HOME HEALTH CARE

Dynamic Home Health Care is offering you the opportunity to take care of your loved ones and get paid for it.

We provide **FREE** training for qualified candidates to obtain Home Health Aide certification and earn **$10-$12** an hour.

All services provided to the eligible clients are 100% covered by Medical Insurance and without additional costs to the client or their family.

Now hiring experienced marketing personnel

Dynamic Home Health Care provides skilled and unskilled services **24/7** for Adult and Pediatrics which include:

- Registered Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Home Health Aide

We accept all major Medical Insurances such as:

- Traditional Medicare
- Cigna Health Spring (formerly Bravo)
- Keystone First (Pediatrics Only)
- Medicaid
- Commercial Insurance - United Healthcare
- Self Pay
- **All WAIVER** and **OPTIONS** programs

For more information please call
215-244-4466 or
email dynamic4health@yahoo.com

550 State Road, Suite 113,
Bensalem, PA 19020
WWW.DHOMEHEALTH.COM

Let the Weight Be Over

BEFORE

"Losing 160 lbs isn't a fairy tale, but it is my happily ever after." – Devon

Join us for a **FREE** seminar to find out how the ***Center for Surgical Weight Loss*** at Hahnemann University Hospital can help you begin your journey to a healthier you.

Hahnemann University HOSPITAL
CENTER FOR SURGICAL WEIGHT LOSS

To register for a FREE seminar call the ***Center for Surgical Weight Loss*** at **267-330-0760** or visit our website at **www.hahnemannbariatrics.com** to register on-line.

This surgery is designed for those with a body mass index equal to or greater than 40 or equal to or greater than 35 with serious co-morbidities.

**Results may vary. This testimonial reflects results achieved by this patient. As each case must be independently evaluated and managed, actual weight loss will vary.*

Phish drummer stumps for Sanders

Jon Fishman (right), the drummer for the rock group Phish, speaks to fans and supporters at a Bernie Sanders campaign event helping voters register for the Democratic primary. The event was held at SweetTooth in South Philadelphia. CHARLES MOSTOLLER

Severe Injury · Cerebral Palsy
Cancer · Medical Mistakes

- Brain Injury
- Paralysis
- Amputations
- Doctor Mistakes
- Obstetrical Mistakes
- Wrongful Death

Speak with a Harvard and Yale trained Doctor-Lawyer

Over $90 million recovered since 2012 as co-counsel

Life member of the organization: Multi-Million Dollar Advocates Forum

Former Assistant Professor at Harvard Medical School and Attending Doctor at Harvard Teaching Hospitals

4x named one of PA Rising Stars and 2014, 2015 Super Lawyers by publisher of Philadelphia Magazine

Law Offices of Tai Y. Wong

215-592-9750

Free initial consultation. No Recovery-No Fees.

1101 Market Street, Aramark Tower, Suite 2820, Philadelphia, PA 19107

Woman skipped out on $600 cab fare from NYC to Pennsylvania

The Pennsylvania woman told the driver she was getting the money, but never came out of her home.

JENNY DEHUFF
@MetroPhilly
letters@metro.us

A Lancaster County woman is facing theft charges after she took a pricey taxi ride to her Pennsylvania home and ditched the New York City cabbie before paying, police said.

Kelly A. Boyer, 44, of Denver, Pennsylvania, arrived at her Hawthorne Drive home early Sunday morning after a roughly 2½-hour drive from New York City, according to a police report.

According to the affidavit, before leaving from New York City, Boyer negotiated the fare with the cab driver for the amount of $600. Upon arrival at her residence, authorities said Boyer exited the cab, punched in her garage door access code, went into her house and then "barricaded herself" indoors.

According to the affidavit, an officer from the East Cocalico Township Police Department was dispatched to Boyer's home just before 1:15 a.m. Sunday with reports of a taxicab fare evasion.

Upon arrival at the scene, Rahman Atiqur, the cab driver, told the officer that he provided a ride to Boyer for a prenegotiated amount, picked her up in the city and dropped her off at her

IAN MUTTOO/FLICKR CREATIVE COMMONS

house. When she said she would go inside and return with the money, she never did. He said he waited 15 minutes before calling police.

Atiqur said he watched Boyer punch in the numeric door code to her garage door, go inside and then close the door behind her. Police records indicated that the Boyer home is a familiar one to the officer and that he has had "numerous contacts with [Boyer]."

Authorities said "numerous attempts were made by the responding officers to contact Boyer. The garage door was still open and the lights were on inside the house. Boyer refused to answer the door or answer the phone." But the driver was reportedly able to identify her from a photo.

A spokesman for the New York City Taxi and Limousine Commission said they have 29 people in their database with Atiqur's name and have been unsuccessful at tracking him down for details.

"We were very sorry to hear about this driver's experience, but very pleased to know he reached out to the local authorities and that they are working on it," said TLC Commissioner/Chair Meera Joshi.

"Fare-jumping is every bit as much a theft as shoplifting or worse, and drivers should always reach out to the support and protection of law enforcement they deserve when they've been victimized."

A manager at Philadelphia Taxicab Service on Aramingo Avenue, who declined to be named, said that fare-jumping happens all the time in Philadelphia — a lot of times when riders are drunk.

Occasionally, and at nighttime, his drivers will have to wake riders up in the back of their cabs to get money from them. He also said it "obviously depends on how bad the situation is," whether or not police would get involved.

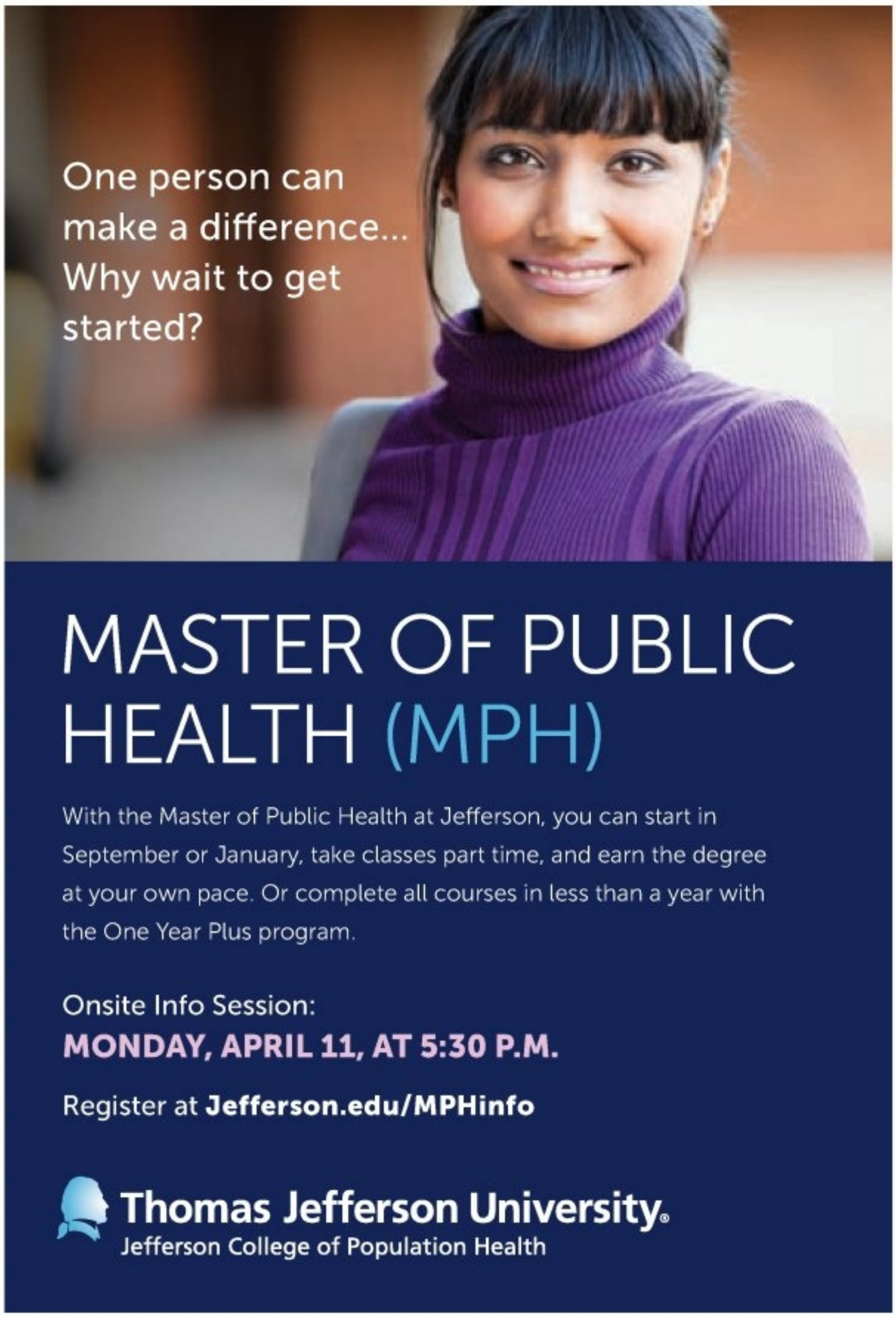
"A lot of things happen in this business," he said.

"For a ride like [Boyer's], most people would ask for the money in advance."

Boyer was arrested Monday morning and was being charged with theft of services.

Philly celebrates jazz music

Bill Saurman of the Clef Club Ambassador Ensemble plays the trombone during the kickoff of Philly Celebrates Jazz at City Hall. CHARLES MOSTOLLER


One person can make a difference... Why wait to get started?
MASTER OF PUBLIC HEALTH (MPH)
With the Master of Public Health at Jefferson, you can start in September or January, take classes part time, and earn the degree at your own pace. Or complete all courses in less than a year with the One Year Plus program.
Onsite Info Session:
MONDAY, APRIL 11, AT 5:30 P.M.
Register at Jefferson.edu/MPHinfo
Thomas Jefferson University
Jefferson College of Population Health

BRIEFS

Former SEPTA cop convicted in scuffle with nurse case

A jury has convicted a former SEPTA cop accused of chasing and handcuffing a woman who was trying to file a complaint against him with officials at Suburban Station.

Douglas Ioven, 44, was convicted of false imprisonment and official oppression on Monday. But he evaded conviction on assault charges, the Inquirer reported.

Nigerian immigrant and nurse Muibat Williamson, 54, accused Ioven of chasing her and banging her head into an ATM machine on the morning of Christmas Day 2013 when he saw her knocking on the door of the SEPTA police office in Suburban Station moments after they argued inside a Dunkin' Donuts in the station.

Williamson testified she was trying to file a complaint because Ioven cut in front

PROVIDED

of her in line at the Dunkin' Donuts, then stepped on her toe as he left and refused to apologize when asked.

After Ioven chased her down, other SEPTA police officers cuffed her briefly before letting her go with a citation.

Williamson, who claimed she suffered headaches for two weeks after banging her head and is now fearful of police, has filed a federal lawsuit against SEPTA, which is still pending.

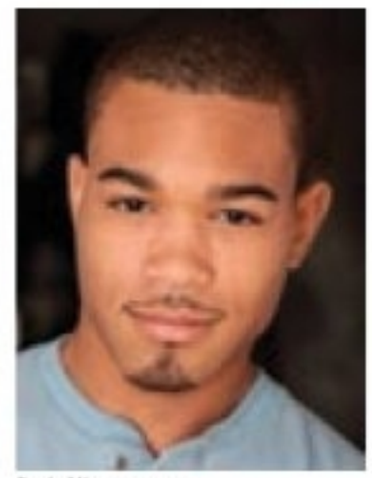
Ioven was booted from the SEPTA police force over the incident a few months later.

SAM NEWHOUSE

A 'Beautiful' reunion of teacher and student

Hunting Park man got the "best birthday" when former teachers came to watch his musical debut in Broadway show.

JENNY DEHUFF
@MetroPhilly
letters@metro.us



Paris Nix. PROVIDED

A young music school graduate got the best birthday present he could ask for when 11 of his former teachers came to see his starring debut in Philadelphia of the musical he's starring in.

Paris Nix, a 2008 graduate of the Girard Academic Music Program, or GAMP, for short, is showcasing his talents as part of the ensemble in "Beautiful: The Carole King Musical," running now through Sunday at the Academy of Music.

Nix, who hails from Philly's Hunting Park section, attended the music magnet school, where he sang choir and performed in musicals every year.

"Beautiful" made its Philadelphia premiere on March 22 — a day after his 26th birthday — and his GAMP teachers simply had to see his return to the microphone.

"It was the best birthday present — on opening night — to have 11 of my GAMP teachers there … to reunite with them and come back to Philly to set out to do what I wanted to in high school," Nix told Metro.

Nix said he auditioned for the part three times before he finally got it. He plays one of The Drifters in the musical and sings "Up on the Roof," "Some Kind of Wonderful" and "On Broadway."

"I went out and sang a bunch of material. … I did the dance audition, and it was great call," said Nix.

Diane Dannenfelser, music director at GAMP, said Nix came to the school in 2004 as a freshman and studied for four years. She hadn't seen him in eight years prior to last week's opening night.

"We always knew he had a beautiful voice, but it was his senior year when we did "Joseph and the Amazing Technicolor Dreamcoat." When we gave him the lead, that's when we knew he was absolutely magnificent," she said.

"This quiet, shy, young man suddenly became an actor right before our eyes. It was wonderful. When he graduated, he got bitten by that bug. Now, here he is, several years later, and he's beautiful.

"It's so gratifying when you actually get to see kids go on and fulfill their dreams on a Broadway touring company — that's the thrill," said Dannenfelser.

NARYAN AUTO GROUP INC.
$500 DOWN AND YOU DRIVE!
7525 Frankford Avenue
Philadelphia, PA 19136
WWW.NARYANAUTO.COM • 267-538-4329

2008 Lexus LS 460 Luxury $21,995

2009 Audi A8 L AWD $20,995

2008 Chevy Tahoe LTZ AWD $18,995

2011 Nissan Pathfinder AWD $16,995

2008 Infiniti QX56 AWD $16,995

2008 Lexus IS 250 $13,995

2008 Acura TSX Navi $13,995

2011 Ford Escape XLT $12,995

2008 Cadillac CTS 3.6L $10,995

2007 BMW X3 3.0si $10,995

2007 Toyota RAV4 Limited $10,995

2006 BMW X5 4.4i $10,995

2011 Chevy Impala LT $9,995

2008 Hyundai Santa Fe Limited $9,995

2006 Acura TSX $9,995

2011 Mini Cooper $8,995

2004 BMW 525i $8,995

2004 Honda Accord EX-L $8,995

2004 Honda Pilot EX $7,995

2004 Nissan Xterra XE $5,499

• Financing for EVERYONE regardless of credit score.
• 18 Financial lenders to approve ALL CREDIT.
• Your buying experience is our priority!
• Over 150 vehicles in stock
• Discounts for SEPTA, military, hospital, and gov't employees!
• Special discounts and financing with this ad!
• Car buying MADE SIMPLE!

VISIT WWW.NARYANAUTO.COM FOR ONLINE APPROVAL!

CREDIT REPAIR
FIX YOUR CREDIT REPORT
IMPROVE YOUR CREDIT SCORE
• QUALIFY FOR: • MORTGAGE • CAR
• LIVE YOUR DREAMS • REASONABLE RATES
The Credit Experts 215-642-0073

TAX SEASON SALE!

MATTRESS WORLD

4808 TACONY STREET (TACONY & ARAMINGO)
PHILADELPHIA, PA 19137
WWW.MATTRESSWORLDFURNITURE.COM

WE OFFER LAY-A-WAY AND FINANCING!

2pc Sectional
*Ottoman $49.99

$199

Must Bring this Coupon. Metro

Sofa and Love Seat **$599.99**

4 Pc Bedroom **$499**

Bunkbeds starting at **$99**

Futon Complete **$149**

5 Pc Dining Set **$99**

5 Pc Dining Set **$359.99**

Queen Bed **$149**

4pc Bedroom **$299**

2pc Sectional
OTTOMAN AVAILABLE **$499**

FINANCING AVAILABLE! EVERYONE APPROVED!

4808 Tacony St. (Tacony & Aramingo), Philadelphia, PA 19137
Monday-Friday 10-8 • Saturday 10-8 • Sunday 10-6

RACE FOR THE WHITE HOUSE

Clinton to push Donald Trump and Republicans on Supreme Court fight

Clinton will criticize Republican senators for refusing to consider President Obama's nominee, Merrick Garland, and voice concern about any nominee from Trump, her campaign said.

Democratic front-runner Hillary Clinton planned to assail the prospect of a Donald Trump-appointed Supreme Court justice on Monday, her campaign said, as she seeks to regain momentum from party rival Bernie Sanders, the winner of three weekend nominating contests.

A Trump nominee to fill the position vacated with the Feb. 13 death of Justice Antonin Scalia would seek to curb Americans' rights and empower corporations, Clinton intended to say in the speech urging Republicans to do their jobs and consider Garland.

Senate Republicans, including Judiciary Committee Chairman Chuck Grassley, have refused to meet with Garland, a moderate federal appeals judge. Clinton's campaign said she would urge Grassley to give Garland a hearing.

Clinton planned to speak in Wisconsin, which holds a primary nominating contest on April 5.

Democratic presidential candidate Hillary Clinton GETTY IMAGES

Sanders' wins in Alaska, Hawaii and Washington chipped away at Clinton's overwhelming lead in the race for the 2,382 delegates needed to take the Democratic nomination at the party's Philadelphia convention in July.

Trump also plans to campaign in Wisconsin this week as he seeks to build his lead over Republican rivals, Sen. Ted Cruz of Texas and Ohio Gov. John Kasich.

Trump has won 738 of the 1,237 delegates needed to take the Republican nomination at its July convention in Cleveland. Cruz has won 463, while Kasich, who has vowed to stay in the race until the convention, has won 143, The New York Times said.

In the latest sign of unpredictability in the Republican race, Trump vowed to sue at least one state over its delegate allocation ahead of the convention.

"Just to show you how unfair Republican primary politics can be, I won the State of Louisiana and get less delegates than Cruz-Lawsuit coming," Trump wrote on Twitter.

Last week, the Wall Street Journal detailed the delegate fight in the state, which gave Trump and Cruz 18 each after its March 5 contest but has 10 others up for grabs.

Trump gave no other details and his campaign spokeswoman Hope Hicks had no comment.

Cruz spokesman Ron Nehring blasted Trump in a tweet and urged him to read up on party rules.

REUTERS

CANCER
MEDICAL MALPRACTICE
DEFECTIVE PRODUCTS

Medical/Hospital/Nursing Mistakes/Negligence resulting in delayed/misdiagnoses, injuries, complications, deaths
Defective products/medication errors/abuse resulting in serious injuries/deaths/ovarian cancers after regular use of talcum powders, vaginal mesh injuries/complications, etc.

Cases Are Reviewed with Expert Physicians including Ivy league trained expert physicians. Evaluations by Attorney named top 1% of attorneys nationwide-National Assoc. of Distinguished Counsel, many times as one of PA's best medical malpractice/personal injury attorneys with selections as a PA Super Lawyer, who is also an adjunct. Prof of Law, legal commentator, board member of PA's and Philly's largest trial lawyers organizations, and life-time member of Million Dollar Advocates Forum.

Millions of Dollars Recovered for Injured Clients

Emmanuel Law Firm, LLC
Two Penn Center, 1500 JFK Blvd.
No Recovery-No fee/Free Consultations • Home/Hospital Visits

215-567-0493
Please visit our website at
www.emmanuellawfirm.com

GRAND OPENING!!

GUARANTEED APPROVAL "NO CREDIT CHECK" FINANCING

TODAY'S FURNITURE

CLEARANCE CENTER
191 W. Roosevelt Blvd.,
Phila., PA 19120
(215) 324-3500

NEW LOCATION
9 N. 52nd Street,
Phila., PA 19139
(215)-474-8400

Mattress Center
800 W. Girard Ave.,
Phila. PA 19123
(215) 925-2233

Northtowne Plaza
2880 Dekalb Pike,
E. Norriton, PA 19401
(484) 674-7183

www.todaysfurnituredesign.com

Sealy King Set

Mattress & Split Foundation

YOUR CHOICE $599.99

Leather Sofa & Lovseat

Luis Phillipe Set

Queen bed, dresser, Mirror, Nightstand

GUARANTEED APPROVAL
"No Credit Check"
FINANCING

Microfiber Sectional Sofa

Available in two colors

Dining Set Table & 4 Chairs

Marble Finish

YOUR CHOICE $299.99

Full or Queen Eurotop Mattress

"FREE" Boxspring

Sleeper Sofa

Built- In Speakers & USB Pport

Twin/Twin Solid Wood Bunk Bed
Complete w/ Mattresses

Converts to Two Beds

COUPON

Pub & 2 Stools

$99.00

COUPON

Twin or Full Set
Mattress & Boxspring

$99.00

COUPON

5 Drawer Chest
Fully Assembled

$99.00

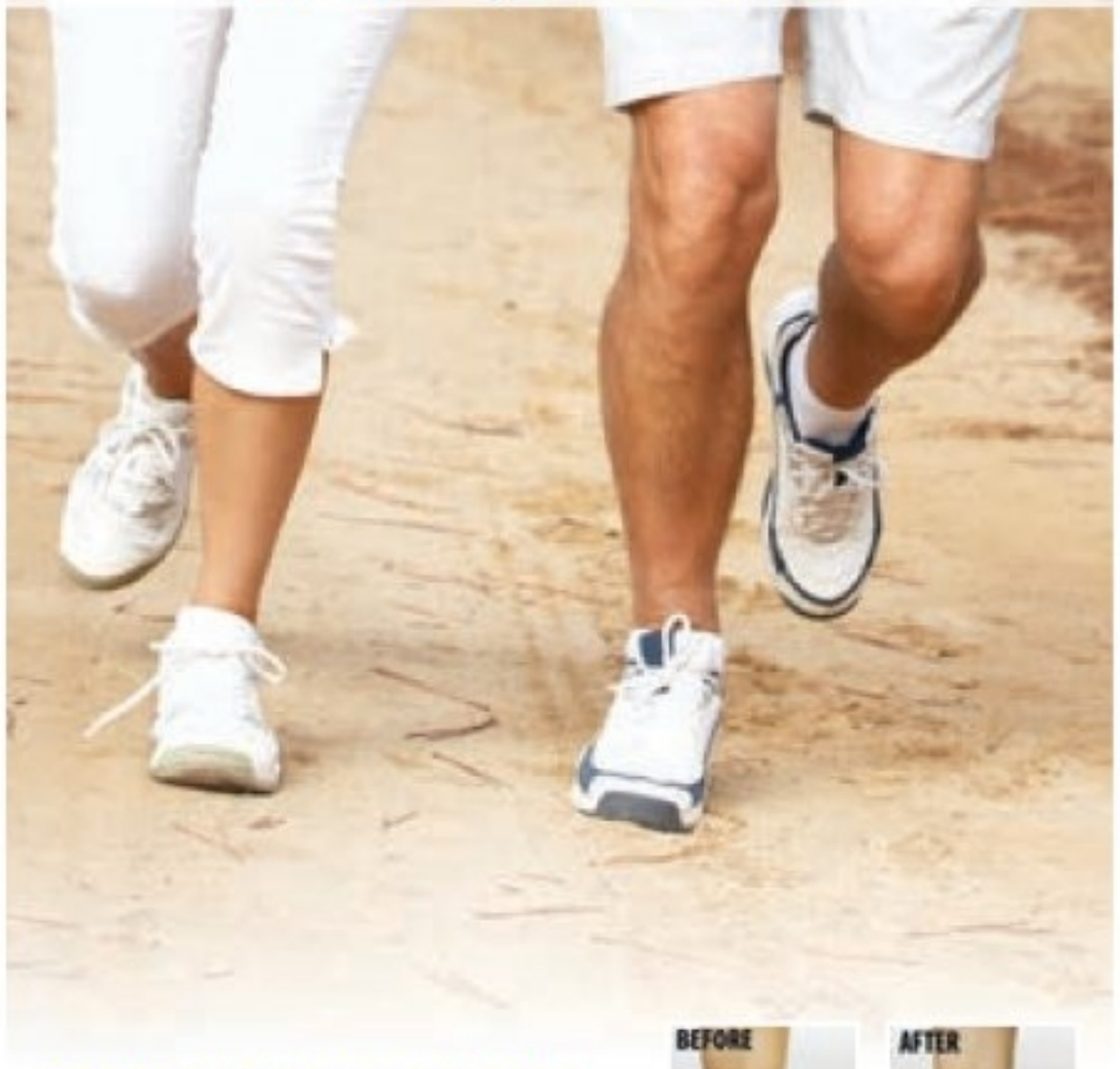
www.metro.us

Early & Late Evening Appointments Available

YOUR LEGS ARE MADE FOR JOGGING

Varicose Veins Are More Than a Cosmetic Problem

They may lead to complications such as Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE), both of which claim up to 300,000 lives a year in the United States.



DO YOU SUFFER FROM

- Varicose Veins
- Spider Veins
- Itching and Burning
- Leg Pain and Cramps
- Heaviness and Swelling
- Skin Discoloration
- Ulcers and Blood Clots
- Difficulty Walking Long Distances

Our non-surgical, minimally invasive and painlessvendovenous procedure only takes 15 minutes. **When it come to your health, trust the top vascular specialist at USA Vein Clinics!**

Medicare and most insurances accepted!

(215) 809-1335

USA Vein Clinics

www.USAVeinClinics.com

8352 Bustleton Avenue
Philadelphia, PA 19152
119 E Uwchlan Avenue
Exton, PA 19341

Cuba's Fidel Castro knocks sweet-talking Obama after 'honey-coated' visit

Tourists pose for a picture next to a sign with the images of Cuban and U.S. Presidents Raul Castro and Barack Obama in Havana, Cuba. GETTY IMAGES

Retired Cuban leader Fidel Castro accused President Barack Obama of sweet-talking the Cuban people during his visit to the island last week and ignoring the accomplishments of Communist rule, in an opinion piece carried by all state-run media on Monday.

Obama's visit was aimed at consolidating a detente between the once intractable Cold War enemies and the U.S. president said in a speech to the Cuban people that it was time for both nations to put the past behind them and face the future "as friends and as neighbors and as family, together."

"One assumes that every one of us ran the risk of a heart attack listening to these words," Castro said in his column, dismissing Obama's comments as "honey-coated" and reminding Cubans of the many U.S. efforts to overthrow and weaken the Communist government.

Castro, 89, laced his opinion piece with nationalist sentiment and, bristling at Obama's offer to help Cuba, said the country was able to produce the food and material riches it needs with the efforts of its people.

"We don't need the empire to give us anything," he wrote.

Fidel Castro took power in a 1959 revolution and led the country until 2006, when he fell ill and passed power to his brother Raul Castro. He now lives in relative seclusion but is occasionally heard from in opinion pieces or seen on television and in photos meeting with visiting dignitaries.

The iconic figure's influence has waned in his retirement and the introduction of market-style reforms carried out by Raul Castro, but Fidel Castro still has a moral authority among many residents, especially older generations.

Obama did not meet with Fidel Castro during his visit, nor mention him in any of his public appearances.

REUTERS

AGAIN Best Prices

BEST BUY ROOFING

Seamless Gutters made onsite 5" inch and 6" inch commercial gutters will install or will drop at your address for your private installation

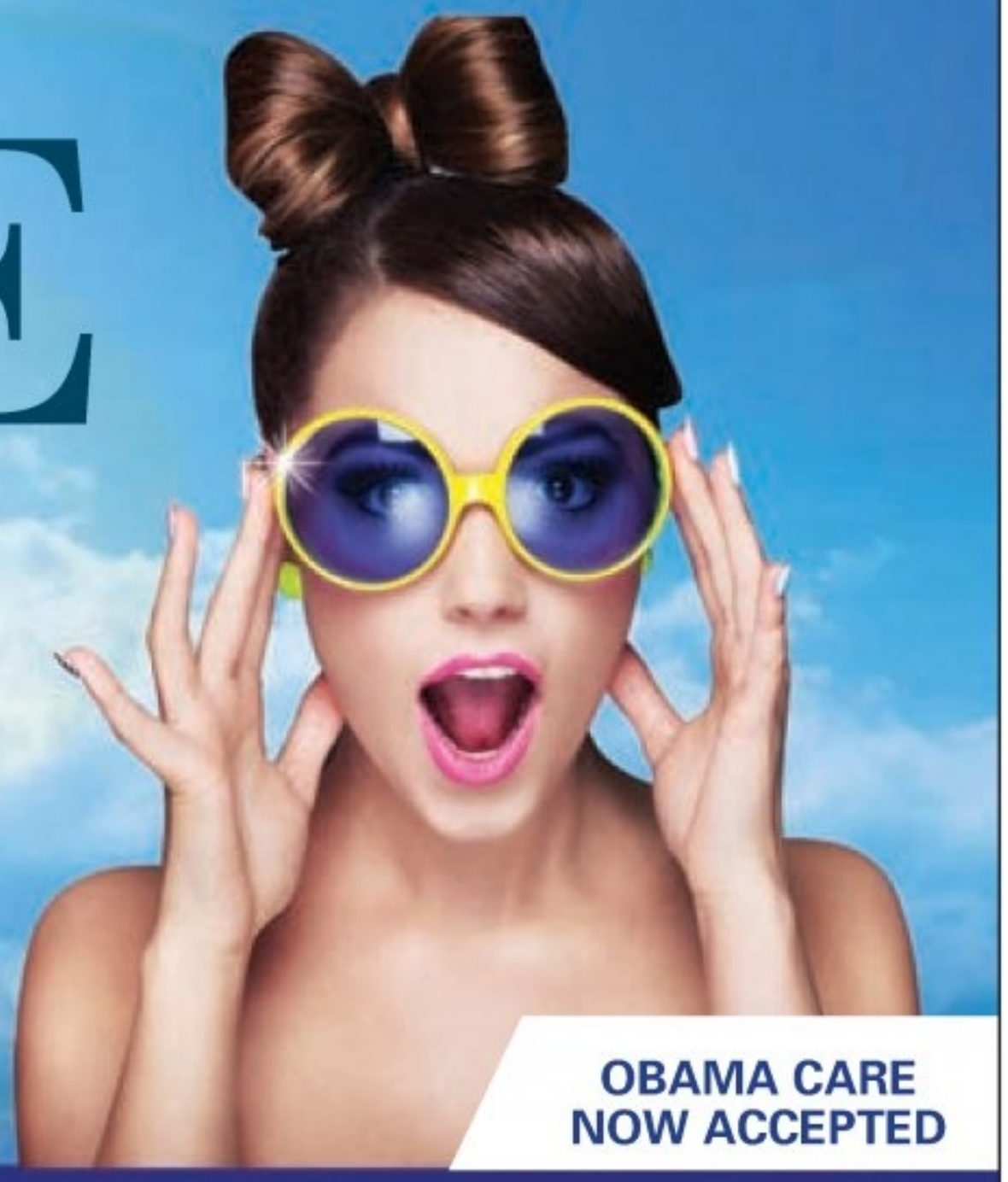
215-288-1100 Email: BestBuyRoofing4u@yahoo.com

www.bestbuyroofing.net Insured

5810 Hegerman St., Phila., PA 19135, 390 Easton Rd. Horsham, PA 19044

Guaranteed the Best Prices

FREE GLASSES —OR— CONTACT LENSES*



OBAMA CARE NOW ACCEPTED

WITH MOST OF THESE INSURANCES:

- City Workers
- VBA
- NVA
- Police | Fireman's
- F.O.P.
- Davis Vision
- Keystone First
- Bravo Health
- SEPTA employees
- Blue Cross | Blue Shield
- Aetna
- United Healthcare Community
- Optimum Health Vision
- All University of Penn Workers
- Superior Vision
- Health Partners

Plus Most Other Insurances

- Prada
- Gucci
- Ray Ban
- Versace
- Acuvue
- Dolce & Gabbana
- Kenneth Cole
- Bausch & Lomb
- Tom Ford

2 PAIRS OF GLASSES FROM $79

*INCLUDES: Complete Eye Exam • Frames • Lenses

2 BOXES OF DISPOSABLE CONTACT LENSES FROM $129

*INCLUDES: • Exam • Contact Lens Fitting • Solution • 2 Boxes of Contacts

eye encounters vision centers

3810 Morrell Ave.
Phila., PA 19114
215.632.6698

2200 Wheatsheaf Lane,
Phila., PA (Next to Walmart)
215.288.3333

4002 Chestnut Street
215.921.4871

1925 Chestnut Street
215.854.0441

1325 Market Street • 267.514.4393

vsp | Vision Benefits of America | DAVIS VISION THE EYECARE ADVANTAGE | NVA | EyeMed Vision Care | HealthPartners

EXAMS • GLASSES • CONTACTS • SUNGLASSES | *Co-pays may apply — *Cannot be combined with insurances

NOTICE OF PUBLIC AUCTION

U-HAUL SELF STORAGE will sell to satisfy the lein of the landlord at public sale by competitive bidding on the dates listed below, the goods stored in the spaces of the following tenants:

U-HAUL MOVING & STORAGE OF FAIRHILL
747 W ALLEGHENY AVE PHILA, PA 19133 - (215) 227-3900
AUCTION DATE: 04/05/2016 TIME: 09:00 AM

Andrea Brown Room# 0142, Eric Bellamy Room# 0219, Judith Moore Room# 0232, Rashawn Johnson Room# 0239, Frank Thomas Room# 0302, Terry Porter Room# 0417, Dieecha Wallace Room 1030-32, Crystal Lynch Room# 1105, Carolyn Brown-Oliver Room# 1109, Jalil Holder Room# 1119, Allen Lainer Room# 1125, Javonna Hines Room# 1133, Dayanua Ham Room# 1245, William Harrison Jr Room# 0316, Robert Dubose Room# 0802, Trevor Stewart Room# 1113

U-HAUL MOVING & STORAGE OF ROXBOROUGH
8300 RIDGE AVE PHILA, PA 19128 - (215) 482-7015
AUCTION DATE: 04/05/2016 TIME: 10:00 AM

Sonia Nicholas Room# B1066

U-HAUL MOVING & STORAGE ROOSEVELT BLVD
7750 ROOSEVELT BLVD PHILA, PA 19152
AUCTION DATE: 04/05/2016 TIME: 1:00 PM

Mercede Sala Room# 1010, Malachi Owens Room# 1726, Earl Texter Room# 1809, Denese Sisco Room# 2029, Brenda Davis Room# 2410, Moran Yaacovy Room# 2413, Irene Miller Room# 2415, Jeslyne Rivera Room# 2607, Sheena Gibbs Room# 2801, Ernest Prucell Room# 2812, Channel McBride-Williams Room# 2814, Mark Randall Room# 2903, Takia Woodson Room# 2905, Elizabeth Lewis-Brown Room# 2912, Sharde Walker Room# 2959, Michael Brutschea Room# 2961, Robert Aqueestan Room# 3153, Marsha Mark Room# 3708, Robert Haines Room# 3813, Phylicia Reyes Room# 3957

U-HAUL STORAGE OF CHELTENHAM
7400 OGONTZ AVE PHILA, PA 19138 - (215) 224-9440
AUCTION DATE: 04/05/2016 TIME: 11:00 AM

Brittany Rivers Room# 113, Franklin Moultrie Room# 144, Daron Williams Room# 145, Vance Gary Room# 147, Eric Wheeler Room# 163, Steven Pagan Room# 172, Nateile Justice Room# 178, Diantha Vereen Room# 185, Beverly Bolger Room# 341, Jahaan Sheridan Room# L203, Ernest Jones Room# L209, Wayne Harper Room# L222, Kristy McKnight Room# L241, Rhonda Peck Room# 319, Amber Barksdale Room# L240

Purchase must be made with cash along with a refundable deposit and paid in full at time of purchase. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Seller reserves the right to set a minimum bid.

Shots fired in US Capitol complex, gunman caught

A police officer may have been injured by shrapnel on Monday in the U.S. Capitol Visitors Center when a man fired a gun, media reports and congressional sources said.

There was confusion in early accounts about what occurred but police said a suspect was taken into custody with wounds after shots were fired.

The suspect and a female bystander, who suffered wounds, were taken to the hospital, Capitol Police Chief Matthew Verderosa said at a news conference.

Verderosa said the man was known to Capitol Police.

MSNBC reported that an officer who fired at an armed suspect may have been injured by shrapnel. Police said the suspect was taken to a hospital. Law enforcement officials identified the gunman as Larry Russell Dawson of Tennessee.

Secret Service agents walk outside of the White House while the grounds were briefly locked down. GETTY IMAGES

A government official told Reuters that initial reports were that a suspect walked into the Visitors Center, pointed a gun at one of the police officers on duty and a shootout erupted.

The official said no evidence had materialized of a connection to terrorism.

Separately, CNN reported that a person tried to gain entry into the White House but was caught.

Congress is in recess, with few lawmakers in Washington, but the shooting happened just a few hours after a drill for an active shooter took place at the Capitol, creating further confusion.

The Secret Service temporarily cleared tourists from an area surrounding the White House after the incident, but activities quickly went back to normal. Capitol Hill was placed in lockdown immediately after the shooting but was later lifted. REUTERS

NO REASONABLE OFFER REFUSED!
FURS • WOOLS • LEATHERS • MEN'S FURS & LEATHERS • ACCESSORIES
SALE
up to 90% OFF
ALL FURS & LEATHERS
FREE GIFT WITH EVERY PURCHASE
FINANCING AVAILABLE!
AT THE Crowne Plaza City Avenue
4010 City Avenue, Philadelphia PA 19131
The Sale Continues!
Friday APRIL 1 12pm to 8pm
Saturday APRIL 2 10am to 8pm
Sunday APRIL 3 11am to 5pm
NOW IS THE TIME TO REMODEL & STORE YOUR COAT!
TRADE-INS WELCOME!
Large Selection of Pre-Owned Furs
SINCE 1900 Pollack Furs www.pollackfurs.com
1-800-635-4417 • 610-781-4099
Ask About Our New Referral Program!

DENTAL ASSISTANT AND ELECTRICAL TECHNICIAN PROGRAMS AVAILABLE NOW
PITC Institute
Call at 215-337-2535
PITC INSTITUTE
Apply at www.pitc.edu
827 Glenside Ave. Wyncote, PA 19095
Classes Enrolling Now
Financial Aid and Military benefits available for those who qualify.
Consumer Information please go to www.pitc.edu

• GOOD CREDIT • BAD CREDIT • NO CREDIT • REPOS • DIVORCE • BANKRUPTCIES • CHARGE-OFF'S • GOOD CREDIT

The Credit Professionals At

FAIRLESS MOTORS

Se Habla Espanol!
$0 DOWN!*

In business for over 30 years.
We will NOT be undersold!

435 LINCOLN HWY,
FAIRLESS HILLS, PA

We Buy
Clean, Used
Cars

2008 AUDI Q7 PREMIUM

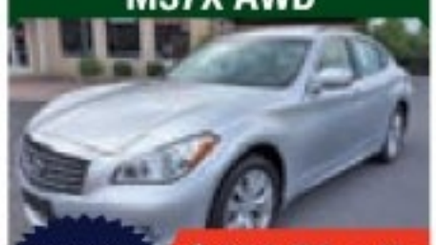
Navigation — $272/Month

2009 LEXUS GS 350 AWD

Navigation — $303/Month

2007 ACURA MDX TECH PKG

TV-DVD/Navi — $272/Month

2012 INFINITI M37X AWD

Navigation — $409/Month

2012 MERCEDES C250 AMG

Navigation — $272/Month

2014 CHEVY IMPALA LT

Factory Warranty — $303/Month

2007 CHEVY TAHOE LT 4X4

TV-DVD/Navi — $303/Month

2004 MERCURY MARAUDER

LOW MILES! — $151/Month

2009 LINCOLN MKS AWD

Navigation — $227/Month

2013 RAM 1500 BIG HORN 4X4

Crew Cab — $348/Month

2014 CHEVY CAPTIVA SPORT

Like New! — $212/Month

2013 INFINITI JX35 AWD

Navigation — $470/Month

2014 CHRYSLER 300 UPTOWN

Factory Warranty — $288/Month

2013 NISSAN PATHFINDER

Navigation — $363/Month

2010 BUICK ENCLAVE CXL

AWD — $242/Month

2014 HYUNDAI SANTA FE SPORT

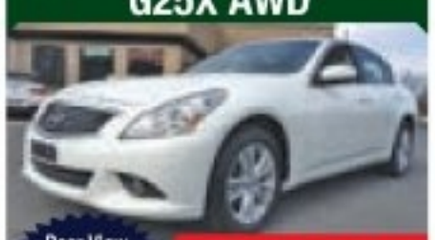
Eco Button — $242/Month

2012 DODGE DURANGO CREW

Navigation — $363/Month

2010 FORD EDGE SPORT

Panorama Roof — $272/Month

2011 INFINITI G25X AWD

Rear View Cam — $242/Month

2011 MERCEDES ML350 4MATIC

Navigation — $363/Month

2012 NISSAN MAXIMA 3.5 SV

Navigation — $303/Month

2013 CADILLAC XTS AWD

Navigation — $424/Month

2014 NISSAN ALTIMA 2.5 S

Factory Warranty — $196/Month

2009 JAGUAR XF PREMIUM

Navigation — $227/Month

2011 HONDA PILOT EX-L

AWD — $347/Month

ALL VEHICLES FAIRLESS MOTORS CERTIFIED

1-888-251-4312

Special incentives for SEPTA, hospital and postal workers! Used Car Leasing Now Available.

PAYMENTS AS LOW AS $99.00 PER MONTH!*
$500 OFF WITH THIS AD! NO GIMMICKS!

24 HOUR HOTLINE: 1-800-205-0068 • www.FairlessMotors.com

*$0 down and monthly payments of $99 on select vehicles. Monthly payments reflect 2.99% APR for 72 months with $2000 down. Tax, tags and fees extra.

• CHARGE-OFF'S • GOOD CREDIT • BAD CREDIT • NO CREDIT • REPOS • DIVORCE • BANKRUPTCIES •

American Paradigm
SCHOOLS

K-12
TEACHER
JOB FAIR

SATURDAY, APRIL 30
9:00 AM - 11:30 AM

8101 CASTOR AVENUE, PHILADELPHIA, PA 19152

TO REGISTER: EMAIL YOUR RESUME TO MEGAN STEELMAN AT
MSTEELMAN@AP-SCHOOLS.ORG

Facebook's Oculus starts shipping Rift virtual reality headset

A Rift VR headset GETTY IMAGES

Virtual reality company Oculus started shipping its highly awaited Rift headsets Monday, about two years after the company was acquired by social media giant Facebook.

The earliest investors in Oculus's fundraising campaign on crowdfunding website Kickstarter in 2012 started receiving their Rift headsets from Monday.

The first of the pre-orders will start shipping from midweek, Oculus said.

The company, founded in 2012, launched a campaign on Kickstarter to raise $250,000. A couple of years later, Facebook bought Oculus for about $2 billion.

Facebook Chief Executive Mark Zuckerberg has said that he saw virtual reality as the next major computing platform.

This year, HTC Corp. and Sony Corp. are also set to launch their virtual reality devices as companies look to offer enhanced gaming and entertainment experiences to customers.

"The headset you can buy today is not Oculus' most ambitious vision for virtual reality — but it's a vision that Oculus has successfully delivered on," Adi Robertson of technology website the Verge said in a review Monday.

The black headgear, priced at $599, comes with a remote, an audio system, a sensor and an Xbox One wireless controller.

Oculus said there were more than 30 games available on the Oculus Store and that it would soon add feature-length movies and more content. REUTERS

Aramingo
CARPET & FLOORING
www.aramingocarpetandflooring.com

SPRING SAVINGS
SALE!
LAYAWAY AVAILABLE!
From A Room To A Whole House Over 300
Remnants & Rolls To Choose From!
We Install What We Sell!
Next Day Installation Available On In Stock Merchandise.
Shop us First, Shop us last
We Will Beat Any Competitor's Written Estimate.
Debit Cards Accepted

SE HABLA ESPANOL

FREE
SHOP AT HOME SERVICE
MENTION AD FOR
ADDITIONAL DISCOUNTS OR
COME IN AND VISIT OUR WAREHOUSE
FOR WALL TO WALL CARPET,
VINYL & LAMINATE.

3rd Generation Family Owned and Operated.

4591 Aramingo Ave., Philadelphia, PA 19124
215-537-9666
Open: Mon., Wed., Fri., 9-8 PM.
Tues., Thurs., Sat., 9-5 PM
Sundays: By Appointment only

facebook

0% FINANCING AVAILABLE

Directions: Take I-95 to Betsy Ross - Aramingo Ave. Exit, Turn left on Aramingo Ave., (end of ramp)
We are about 2 blocks away on the right

Chris Hemsworth is like, 'See ya, Hollywood'

ALL PHOTOS GETTY IMAGES

Sorry, Hollywood. You've got one less Hemsworth brother to stalk around the aisles of Whole Foods. Marvel's resident Thor, Chris Hemsworth, has packed up his brood and taken them back to Australia, where he'll be chilling when he's not in town to make the movie magic. "I love what I do as an actor, but when you are surrounded by it constantly, it becomes a bit suffocating," he tells Modern Luxury magazine, because why wouldn't he be talking to Modern Luxury magazine? "It's no longer all about me, which is quite refreshing. Once the kids arrived, I was like, 'Wow, this is what life is about.' We were living shoulder to shoulder in the suburbs and thought that's not how we want our kids to grow up," he explains of his decision to move with his wife and three children. "Moving to a kind of farm setup back here on the coast in Australia has been the best thing." That sounds sweet and all, until Hemsworth explains that when he's not working he'll just be at home, waiting "for my kids to come give me a hug and tell me they love me." Yikes. Someone's sounding a little desperate.

Kylie Jenner not a fan of Dave Chappelle's Caitlyn Jenner material

The good news? Dave Chappelle is solidly back in the stand-up world, having just wrapped up three sold-out performances at the Hollywood Palladium. The bad news? He spent about seven minutes of his final performance on a bit about Caitlyn Jenner — while Kylie Jenner was in the audience with boyfriend Tyga, according to TMZ. Sources from inside the venue say Chappelle started by reminiscing about Bruce Jenner's Olympic athlete days before recounting a run-in with Kanye West: "I said, 'Kanye, why the long face?' And Kanye replied, 'Man, you'll see,'" Chappelle said, which apparently brought the house down. Everyone — including Tyga — was laughing, while Kylie kept a straight face throughout the whole bit. Though to be fair, she's paid a lot of good money to be able to keep a straight face throughout pretty much any situation. The question I have is do you think Chappelle knew that Jenner the Younger was in the crowd before launching into the bit? I totally bet he did.

DAILY VIDEO

YOUTUBE

Kiefer Sutherland's "Not Enough Whiskey"

It's not uncommon for famous actors to indulge in their own rockstar fantasies by trying their hands at music careers, but I honestly didn't see this one coming. Kiefer Sutherland apparently wants to be a country singer, and he's got an album coming out to prove it. He's also got a new music video for his song "Not Enough Whiskey," and it's ... not great. This is apparently what he'd rather be doing than starring in yet another round of "24."

the word

NED EHRBAR
ned.ehrbar@metro.us

Apparently you actually can embarrass Miley Cyrus

You might think that Miley Cyrus has no shame, but you'd be wrong. The singer was spotted courtside at a Knicks game, and she did not necessarily look at ease with all the Jumbotron attention she was getting. Sure, she offered up a trademarked double peace sign with tongue out, but her heart clearly wasn't in it. Just to prove how mortified she was, Cyrus posted her own Instagram shot of the big screen showing her giving a much less outlandish expression, along with the caption, "Embarrassed of all embarrassed."

SPRING INTO SHAPE
MEDICAL WEIGHT LOSS
BODY BY FISHER NOW!

Diet plans for all ages including Kids & Teens

WEIGHT LOSS with or without medications by a board-certified physician
LIPODISSOLVE / MESOTHERAPY safe and effective non-surgical fat/cellulite dissolving procedure
TriActive Laser® Cellulite Removal/Body Shaping
BOTOX®, RESTYLANE®, JUVEDERM®, MICRODERMABRASION, VOLUMA™
Try our HCG or 21 Day Cleanse Diet.
Northeast • Main Line
S. Philadelphia • Feasterville
215-478-6901

DR. FISHER'S
Medical Weight Loss & Aesthetic Centers
Board Certified Aesthetic Physician
Member of American Society of Bariatric Physicians
INFO HOTLINE:
1.866.930.DIET (3438)
WEIGHT MGT x2941
MESOTHERAPY X2312
FACIAL COSMETICS x2107
www.bodybyfishernow.com

AMERICAN ICON HOME IMPROVEMENTS

SPRING SAVINGS BLOWOUT
SAVE UP TO 40%

Better Business Bureau Rated: A+ Rating
THOUSANDS OF REFERENCES...

CALL TODAY: 1-800-566-7280

- ROOFING SIDING WINDOWS & DOORS
- KITCHENS & BATHS
- BASEMENTS AND MUCH MUCH MORE!

No Down Payment Required
Low Monthly Payments.
100% Financing

• Cash • Credit Cards • Revolving Loans •
• Installment Loans • HUD/FHA Approved Loans •

www.aihomeImprovements.com
1•800•566•7280

PA License # PA064053 FULLY LICENSED AND FULLY INSURED NJ License # 13VH00685900

Important Notice: Loans are originated through a third-party lender. HUD/FHA does not originate loans: they only insure them, and do not favor any lender. HUD/FHA do not allow consolidation of your debts. American Icon Home Improvements is not connected to, or endorsed by the FHA or HUD in any way DJ-4483735

Rachel Zoe falls asleep

Rachel Zoe wants to keep your wardrobe in good shape. PROVIDED

"I've seen every episode about 600 times."

RACHEL RACZKA
@rachelraczka
rachel.raczka@metro.us

Rachel Zoe loves being an editor.

"I just love it so much," she tells us. "I always wanted to be editor-in-chief of a magazine, but didn't want to enter the world of print. There are already so many good magazines out there that are iconic and legendary that I love and read. But this was an incredible, natural way for me to enter that world in a different way and still be able to respect media."

As the editor-in-chief of The Zoe Report — which launched as daily newsletter for the fashion set in 2009 and has since amassed a digital following worthy of a $100 quarterly subscription box that delivers the tangible products Team RZ writes about into fans' homes.

Today, Zoe has her

EXPERT ADVICE CRUISE.COM LOWEST PRICE

up to $1050 Onboard Credit, Free Pre-Paid Gratuities, Free Upgrades & More!

Holland America Line — 7-Day Alaska $489* pp — Ocean View $539* — Balcony $729*
Carnival — 7-Day U.S/Canada $489* pp — Ocean View $599* — Balcony $919*
Celebrity Cruises — 7-Day Bermuda $499* pp — Ocean View $599* — Balcony $799*
Princess Cruises — 10-Day Caribbean $599* pp — Balcony $844* — Suite $1739*
Norwegian Cruise Line — 7-Day Bahamas $649* pp — Ocean View $749* — Balcony $799*
Royal Caribbean — 7-Day Caribbean $733* pp — Ocean View $859* — Balcony $859*

"2013 Online" Agency of the Year
800-720-2456
vacation.com "2011" Agency of the Year
Open 7 Days

*Prices are pp/dbl. Cruise only on select sailings. Certain restrictions apply. Gov't taxes, and fees are additional. Prices include NCF's. Prices are quoted in US dollars. All itineraries and prices are current at time of printing and are subject to change without notice. All exclusive deals are per cabin on select sailings. CST #2015595-50

Adams Carpet Center
Free Shop At Home
call now! 215-425-9700

FREE INSTALLATION
UP TO 360 SQ. FT.
Level Loop Stain Resistance
3 Rooms Of Carpet
$488
AT ONE LOW PRICE!
48 HR. INSTALLATION AVAILABLE

IN STORE ONLY
REMNANTS SALE • CARPET ONLY
12x9-$69+up/12x12-$99+up • 12x15-$119+up/12x18-$139+up

Nylon Plush
$588
(Up to 360 Sq. Ft.)
10 Year Wear Warranty
10 Year Stain Resistance

100% Smart Strand BCF
$688
(Up to 360 Sq. Ft.)
Lifetime Stain & Soil Warranty
20 Year Wear Warranty
n Resistance

Adams Carpet Center
Family owned and operated since 1970, 3rd generation

BENSALEM
2066 STREET RD., BENSALEM PLAZA
215-245-4400
HOURS: Mon., Wed., Thurs., Fri. 10am-8pm
Tues. & Sat.10am-5pm; Sun. 12pm-4pm

KENSINGTON
2850 EMERALD ST.
(1 BLOCK WEST OF FRANKFORD)
215-425-9700
HOURS: Mon. - Sat. 9am-5pm

ROXBOROUGH
6604 RIDGE AVENUE • 215-482-3400
HOURS: Mon.- Wed., Thurs., Fri. 10am-8pm
Tues. & Sat. 10am-5pm, Sun. 11am-3pm

FINANCING AVAILABLE • NO INTEREST FOR 6 MONTHS
www.adamscarpetcenter.com

to episodes of 'Friends'

hands in even more parts of the industry — having just celebrated her apparel line's first pop-up in Los Angeles and a well-touted fall 2016 ready-to-wear collection at New York Fashion Week. Vogue.com praised Zoe's consistency in predicting her customers' wardrobing needs, writing, "Zoe and her team have tapped into what women want in the past few seasons."

She calls us from Los Angeles to talk about her balancing act, who she's loving on the red carpet these days and how she keeps her own wardrobe looking oh-so-fresh.

How did you get involved with Downy to create washable looks for the fall collection?

It came out of my genuine interest about fabric care as a designer and a stylist. You can never really have enough knowledge about how to take care of your clothes. As a designer, you have to take it into consideration for the customer and their wanting to wash things at home and not running to the dry cleaner. It's such a gift and luxury for women-on-the-go, which at this point, everyone is. You're always doing so many things at once and we may not be able to wait a week to get a piece back. It meant a lot for me to incorporate some washable pieces into my collection.

Any stylist tricks for saving pieces that have gone wrong?

Always read the label — it's there for a reason. I think people think a lot of things are washable, but they're not, or it ends up being issues with the dryer that damages it. Also, I use Downy Fabric Conditioner because it retains the color and integrity of the garment. I think the best analogy is when you condition your hair. I would never not condition because then my hair gets frizzy and dry, and the same goes for your clothing. It can get nubby or the color washes out.

Having been part of the early days of reality TV, do you ever indulge in watching it yourself?

I do not, but I don't have a lot of time. I do love "The Voice," but I don't think you can really call that "reality." I really just watch reruns of "Friends" at 11 p.m. because I fall asleep.

Do you have a favorite character?

I love them all so much. I've seen every episode about 600 times.

Any red carpet newcomers you're loving?

I loved Rooney Mara. She's not brand new but I always love what she's wearing. And I saw Maddie Hasson on the ["I Saw the Light"] red carpet and she's really amazing. Not only is she beautiful, but I loved what she was wearing. She had a great, great Rodarte the other day.

Do you have healthy eyes?

Complete our next study and you may be compensated up to $550 for your time

We Need You.

Complete our next study and you may be compensated up to $550 for your time.

Dr. Stacey Ackerman of Philadelphia Eye Associates in Philadelphia will be conducting an investigational eye drop clinical research study starting in April.

The study consists of 5 office visits over a 12 week period and participants will need to be at least 18 years old.

Please call Lisa at 215-339-8100 ext. 1115 or Kelleanne at 215-339-8100 ext. 1120 for more information and to schedule an appointment.

Study Start Dates:
Saturday, April 23

Study Site:
Philadelphia Eye Associates
1703 South Broad Street
Philadelphia, PA 19148

PHILADELPHIA EYE ASSOCIATES

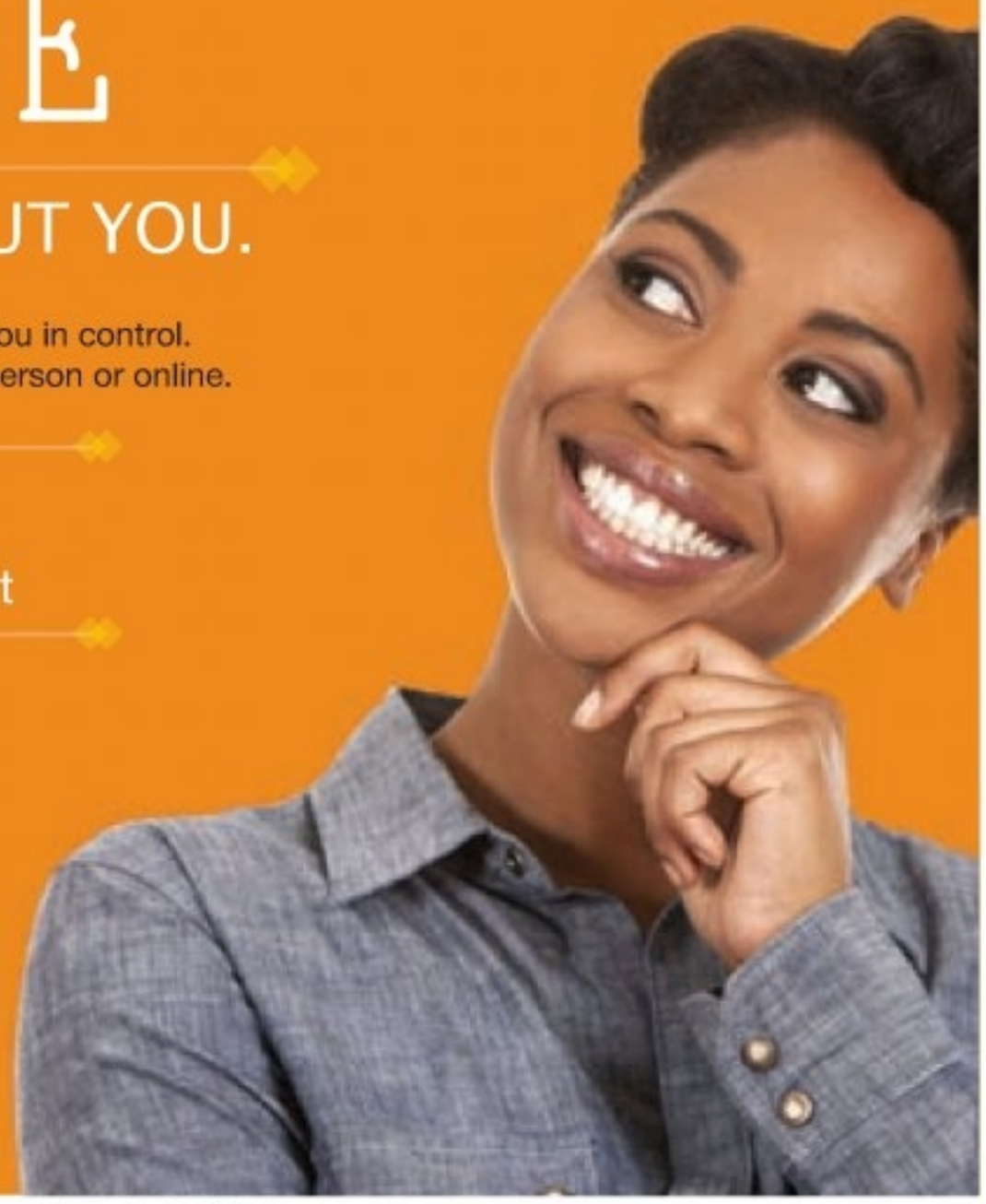
IMAGINE

an evening that's ALL ABOUT YOU.

Your life. Your goals. And a new level of learning that puts you in control.
With Peirce Fit(TM), you choose week-to-week to learn in-person or online.

Learn more at Peirce Night
Thursday, April 7, 5:30 to 7:30 p.m.
Sign up at peirce.edu/peircenight

Exclusive offers for attending Peirce Night:
- No $50 application fee
- $100 book voucher when you register for classes*
- Entry into a Peirce Fitbit® raffle



1420 Pine Street
Philadelphia, PA 19102
p: 215.670.9214 • peirce.edu

Connect with us:

PEIRCE COLLEGE
SINCE 1865

*$100 book voucher (for text book purchases only) will be awarded to students who register for classes that start the week of 5/10/16.

Need Tax Relief?

IRS Problems

Back Taxes?
Unfiled Returns?
Under Audit?
Making Payments You Can't Afford?

Have You Received Threatening IRS Letters?
We Can Stop **Levies** or **Garnishment**... *FAST*
For **solutions** to your **Business** or **Personal** Tax Problems

Call For A Free Consultation Now. Settle Your Tax Problems!

HofflerSmith Financial Services
856-334-9911
www.HofflerSmith.com

1601 Walnut St., Suite 822, Phila., PA 19102
215-557-7979

Jay Liu DENTISTRY

212 W Rte 38, Suite 500, Moorestown, NJ 08057
856-206-9559

invisalign

ZOOM!

SAME DAY SERVICES AVAILABLE:
Root Canal Treatment • Porcelain Crowns •
Extractions and Implant Placements • Zoom Whitening

We Accept Most PPO Insurance Plans
No Insurance? No Problem
Ask About our Courtesy Plan and Care Credit

We Care About Your Smile!

www.philadelphiadentalcosmetics.com

Augusten Burroughs on love and sobriety

The "Lust & Wonder" author tells us it was never his intention to paint a pretty picture.

REENA KARASIN
@MetroPhilly
letters@metro.us

CHRISTOPHER SCHELLING

Augusten Burroughs, author of the intensely popular memoir "Running with Scissors," is back with his signature mix of humor and solemnity in "Lust & Wonder." His newest memoir (out Tuesday) is about how his various relationships with people changed after he got sober.

Burroughs has already written several memoirs about his difficult childhood and adulthood fails, so when he originally set out to write "Lust & Wonder," he wanted it to be a novel. But he kept hitting a dead end. Ultimately he let inspiration take over and the book as it exists today was born.

Figuring out what works

Just as he had to get out of his own way for his newest book to flow naturally, "Lust & Wonder" chronicles his attempts and failures to force relationships that weren't quite right.

The book documents the start of his sobriety, tracing two unsuccessful relationships in addition to the relationship with his literary agent and now-husband, Christopher Schelling. "I'd love it if the book got people thinking about what they actually want from a partner or if they're happy in their relationship," he tells us.

Writing out the ugly truths

Throughout his years as a memoirist, Burroughs has learned the importance of honesty in writing. This honesty means not necessarily positioning himself — or others — in the best light.

"When something is uncomfortable to write about, or when I want to avoid writing about it, in my experience that tends to be a sign that I should keep going," Burroughs says. "I don't spit shine my life and myself on the page. I'm not really concerned with if my writing's going to be flattering to me," he says.

The price of telling the truth

But Burroughs has previously run into issues with what he maintains are his honest and fair representations of real life. In "Running with Scissors" he chronicles his negative experience living with his parents' psychiatrist's family, which he gives a fictional name, as an adolescent. The family sued Burroughs over their portrayal, and ultimately the suit was settled out of court.

"I try to write things as fairly and honestly as I can, but I've got to be truthful, and the truth isn't always flattering and it's not always pretty," Burroughs says.

It was while living with the psychiatrist's family that Burroughs believes he developed his humorous and "childlike optimism," which he hopes readers of "Lust & Wonder" will notice he still has, even at 50 years old.

The book is just out today, but Burroughs is already at work on his next books. He is currently writing three books: two novels and a memoir.

Your Logan Library will close for approximately two years at the end of the day on March 31, 2016. Through our ambitious endeavor ***Building Inspiration***, your Logan Library will undergo major renovations and be back better than ever!

FOR OTHER LIBRARY LOCATIONS AND 24/7 ONLINE SERVICE, VISIT FREELIBRARY.ORG, EMAIL LIBRARYCONSTRUCTION@FREELIBRARY.ORG, OR CALL 215-685-2156.

Free LIBRARY OF the 21st century

YOUR NEAREST ALTERNATE LIBRARY LOCATIONS ARE
David Cohen Ogontz Library • 6017 Ogontz Avenue • 215-685-3566
Joseph E. Coleman Northwest Regional Library • 68 W. Chelten Avenue • 215-685-2150

Reggie Watts: Don't let tech take you over

Reggie Watts plays "himself" as a musician-comic who gets involved in an ad campaign for a new Google Glass-y piece of tech (but better) in "Creative Control," now on VOD. MAGNOLIA PICTURES

The comic, musician and "Late Late Show" band leader gets deep for the indie "Creative Control."

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

In the new indie "Creative Control," Reggie Watts plays a version of himself: a musician and comic, one considered cool enough to co-create and star in a hot new ad campaign. You know him from his free-form solo stage shows (such as 2010's "Why S— So Crazy?"), co-starring on the "Comedy Bang! Bang!" TV show and his current stint: leading the house band on "The Late Late Show with James Corden." But there's always a serious side to Watts' goofiness. "Creative Control" goes full dark, depicting a near-future where characters (like the one played by Benjamin Dickinson, also the director and co-writer) use a new and improved version of Google Glasses for nefarious purposes.

"Creative Control" seems to really speak to some of your own interests. Your use of tech, for instance, isn't just being a slave to it. You've found creative ways to use gadgets.

Technology is a tool. Technology is there to serve humans. When technology becomes smarter and more social, we don't notice the weird shift, and we end up working for our technology, responding to every alert technology gives us. I'm not a big fan of that. That's not why I like technology. I like technology because when it's designed well, it appeals on an aesthetic level and a creative level, instead of creating frustration and disappointment and addiction. I'm always going to be addicted to technology insofar as I love design and I love what technology can do. But that's the limit of my addiction.

The glasses here are a lot like Google Glasses, only they actually work well.

They don't look like a piece of crap on your face with a camera that's intimidating to people. Now it's just a pair of glasses. They're integrated stylistically into everyday usage. That's exciting to see the design of that, the form factor, and it's beautiful. But projecting how that will affect us on a societal level, that's hard to say. It's really a tool, so it depends on how people use it. You're either going to use it in a creative way that's transparent, where everyone knows what you're doing — or you're going to use it in a nefarious way, like sampling people when they're not looking or doing gross things, like the characters in this movie.

Late night

You've often talked about not caring what audiences think and just doing what you do. How have you adjusted to the "Late Late Show"? That's perhaps an even bigger audience than you've ever had.

I haven't really noticed too much of a change, really, actually. Of all the late night talk shows, at least on the networks, we're the most underdog-ish. That's kind of cool. I like that feeling of being the "Bad News Bears" of late night.

The characters in this movie definitely use it in nefarious ways, but it's important to note that this could be used for good. Do you always feel partially optimistic about new tech?

Any time I receive or read about or invest in a piece of technology, I want to interact with it, to see if it's good. Was the vision realized? Do they know what they have and what it can do? I like figuring out things they didn't plan on it doing.

Do You Need Home Exterior Repairs?

Call the Repair Experts at P.J. Fitzpatrick.

We can get you on the schedule quickly. Before a minor repair turns into a **major problem**.

We'll do a complete evaluation and pinpoint your problem. We'll take photos or videos and give you *"Good, Better or Best"* options for your repair, that include our **$249 Minor Repair Special**. Call The Repair Experts at **PJ, TODAY!**

$249 Minor Repair Special

We'll fix any *minor* **Roofing, Siding** or **Gutter** damage.

Restrictions apply. Expires 03/31/16.

1-484-436-4517
www.pjfitz.com

NJ Lic. #13VH01142000 DE Lic. #2009603070 PA Lic. #PA011323
MD Lic. #130457 Bath: PA# 107078 DE# 2013601085 NJ# 13VH08201500
For complete details see www.trustpj.com/specials

RESPECTABLE WINDOWS
Where Respect Matters!

Energy Efficient Windows at Low Prices!

We offer a 20 year Glass Breakage Plan and Lifetime Screen Replacement.

FINANCING AVAILABLE

Call for your **FREE** estimate today!
215-681-0409
HIC# PA098215

RESPECTABLE ROOFING
Where Respect Matters! HIC# PA098215

Specializing in energy efficient white roofs.
50 Year shingle roofs available. • Fully licensed and insured.

FREE ESTIMATES

$50 OFF ANY ROOF REPAIR Cannot be combined with any other offer. Expires June 30, 2016

$200 OFF ANY NEW ROOF Cannot be combined with any other offer. Expires June 30, 2016

WE NOW OFFER New Rubber Roofs Starting as low as *$68.00 PER MONTH

*Financing based on credit approval.

215-681-0409

Jesse Eisenberg can't do a stock villain

GETTY IMAGES

The actor offers a very different Lex Luthor in "Batman v Superman."

NED EHRBAR
@Nedrick
ned.ehrbar@metro.us

In "Batman v Superman," Jesse Eisenberg, with Henry Cavill and Ben Affleck, plays a more keyed-up Lex Luthor than usual. WARNER BROS. PICTURES

Jesse Eisenberg's Lex Luthor in "Batman v Superman" is likely unlike any other take on the supervillain audiences have seen before — and that's all completely intentional.

In fact, you might not have imagined hearing Superman's most notable villain described as a pacifist before, but that's just a part of the acclaimed actor's new take on things. In the latest superhero movie, Eisenberg's Luthor is now a young, peppy sociopath, prone to hammy line readings and hand-clapping.

Since comic book movies have become such a main corner of the film industry, do you think people have been taking them more seriously?

I think you have to. I think you have no choice if you're going to make one and you don't want to be completely derivative. You have to bring in somebody, for example, like they did here with ["Argo" writer] Chris Terrio, whose background is not comic books, whose background is not in genre culture, who's interested in politics, who's interested in theater.

Along those lines, how do you turn Lex Luthor into a believable, realistic, human character?

I think it would be impossible for me to play the stock villain character because I don't have any of those attributes. I'm not a severe-looking, brooding man. I am just somebody who — not intentionally, but probably — exudes an amount of emotion, irrespective of my personal intent as an actor. And so I think I instinctively make this character more of a tortured man rather than somebody who's kind of a one-note, villainous bad guy.

Mustache-twirling?

Yes, exactly. And I think if he has any kind of campiness, it comes from his own need to hide his true feelings, which are, as the movie progresses, increasingly dark.

There's a very performative aspect to him early on. He's really putting on a show.

I think he puts on a face of an affable, philanthropic businessman. My sense as a cynical, paranoid person is that most people who have a charming exterior are probably scary. I would sooner trust the shy guy than the guy who seems like he's your best friend within the first five minutes of meeting you, and that's what this character is. He immediately tries to charm people, and if it doesn't work he immediately turns on them. He's the kid who gets his toy taken away prematurely and turns petulant.

Passion project

You're also an accomplished playwright. How has it been juggling the multiple roles in the entertainment world?

If you're a movie actor, seemingly every other door is willing to open. Actors in movies wield an inordinate amount of power — actors on movies change dialogue and there's a kind of vanity aspect to it. So I feel very fortunate to have been given this kind of platform, and it certainly helps get my foot in other doors. And once I'm in those doors, I feel like I need to compete on my own terms.

BILL'S
DISCOUNT CARPET & FLOORING

Your Mobile Carpet Showroom
Locally Owned and Operated
Serving PA, NJ and DE for
Over 25 Years

CALL ANYTIME
1.856.264.1079

Lic. #NJ13VH08091600

Shop Us First, Shop Us Last, It Doesn't Matter
We Will Beat Anybody's Estimate
We Also Install & Refinish Hardwood Floors!

3 ROOMS $498*
Plush or Sculptured Carpet | 8lb. pad, installation

3 ROOMS $598*
Super Plush Carpet | 8lb. pad, installation

3 ROOMS $698*
Heavyweight Plush Carpet | 8lb. pad, installation

ALL CONSTRUCTION WORK AND PAINTING!

SPRING SAVINGS!
EXTRA 15% OFF EVERY ORDER
Full Bathroom Remodeling starting at $3995.
Full Kitchen Remodeling starting at $6995.

Free Shop at Home Save Up To 1/2 OFF Retail Store Pricing
Sale on Wood, Laminate and Vinyl Flooring
Next Day Installation Available - Free Estimates

3 ROOMS OF CARPET $398*
*Up to 40 Sq. Yds
10% Senior Citizens Discount
PA10882

FREE SHOP AT HOME!

New on Netflix

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

'THE ASSASSIN'

Shu Qi in "The Assassin" WELL GO USA

Sorry, people expecting a martial arts movie about a female killer (Shu Qi) to be a rip-roaring a—kicker. Only maybe 5 percent of this one's running time is devoted to smackdowns, and when they come they're hilariously brief (though brutal). But what's bad for action junkies is great for art film heads. The latest from Taiwanese minimalist Hou Hsiao-hsien ("The Flight of the Red Balloon"), "The Assassin" spends most of its length hypnotically languishing on the downtime between nasty blows: observing Tang Dynasty rituals; hanging with people doing nothing but hanging. The best scene is when Hou's camera films an entire five-minute dialogue scene from behind a black veil. It's every bit as transportive as a Shaw Brothers spectacular — just in a very different way.

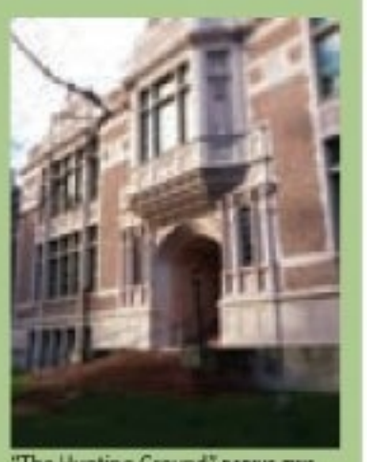
'ENTERTAINMENT'

Chances are if you see live music, you've once been shocked and maybe even personally insulted by opening act fake comedian Neil Hamburger: a slovenly gentleman in a moth-eaten tux and a depressing comb-over, coughing and screeching his way through intentionally terrible (and often genuinely tasteless) jokes. The creation of comic/actor Gregg Turkington, this singular being finally gets his own movie, and even for his fans it can be off-putting. Imagining his life between disastrous gigs, it finds Hamburger to be a sad-sack who suffers through existence, spending his nights in fleabag motels leaving voicemails for an estranged daughter who will never call him back. Enjoy!

Gregg Turkington brings Neil Hamburger to the movies with "Entertainment." MAGNOLIA PICTURES

'THE HUNTING GROUND'

Lady Gaga's song "Til It Happens to You" didn't win this year's Oscar, but her performance did draw more attention to the film that included it. And it needs the attention. Activist docs don't come more necessary than Kirby Dick and Amy Ziering's expose of college campus rape, which has been allowed to sustain and even flourish thanks to institutional incompetence and corruption.



"The Hunting Ground" RADIUS_TWC

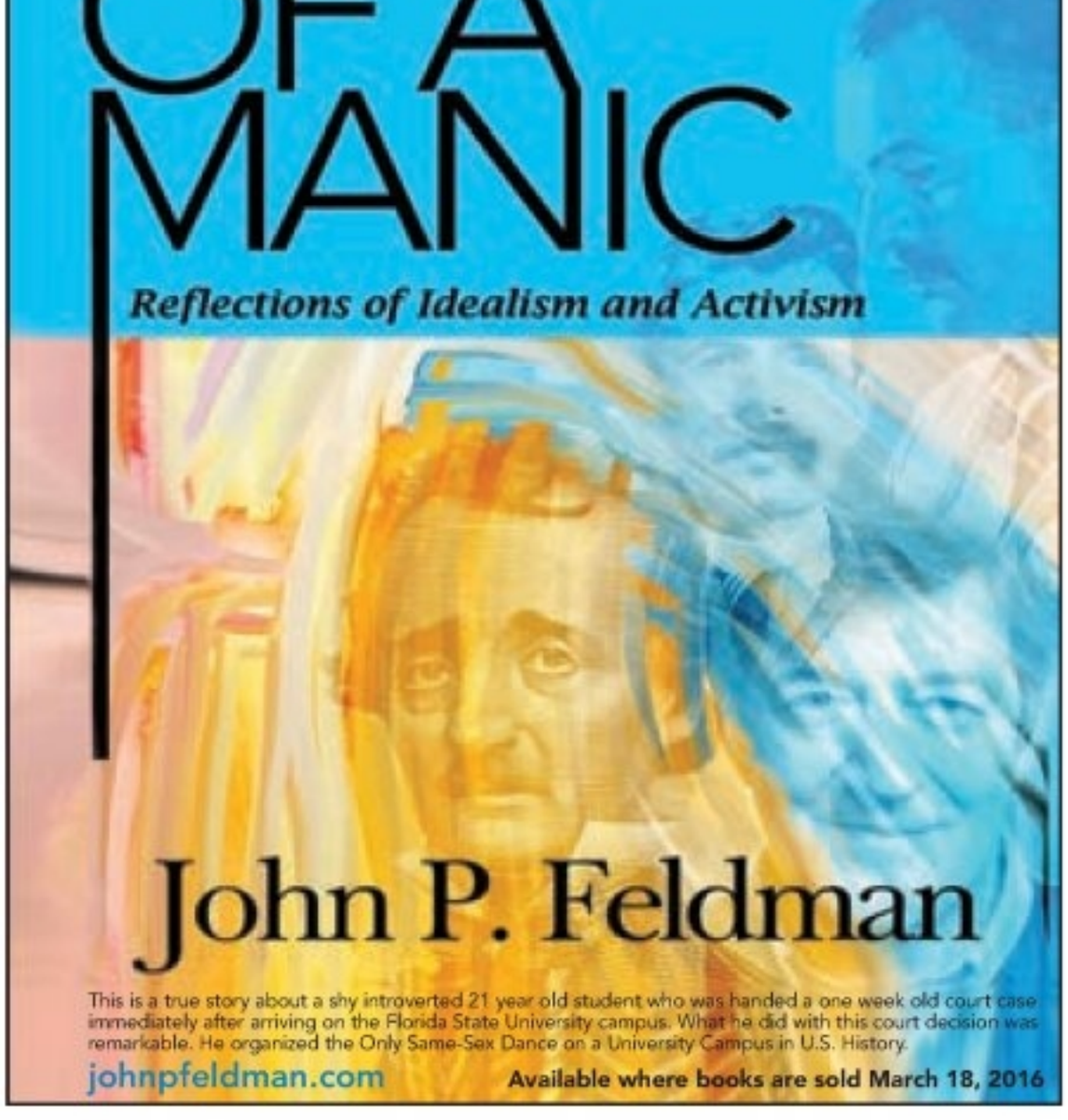
LOOKING FOR HEALTHY YOUNG WOMEN
Age 21-29
Become an egg donor and make someone's dream come true.

EGG DONORS ARE COMPENSATED
Main Line Fertility & Reproductive Medicine, Ltd.
To apply please go to:
www.mainlinefertility.com
and fill out our Donor Application

MEDICAL ASSISTANT AND MEDICAL BILLING AND CODING PROGRAMS AVAILABLE NOW

PITC Institute
Call at 215-337-2682
Apply at www.pitc.edu
827 Glenside Ave. Wyncote, PA 19095
PITC INSTITUTE
Classes Enrolling Now
Financial Aid and Military benefits available for those who qualify.
Consumer Information please go to www.pitc.edu

MUSINGS OF A MANIC
Reflections of Idealism and Activism



John P. Feldman
This is a true story about a shy introverted 21 year old student who was handed a one week old court case immediately after arriving on the Florida State University campus. What he did with this court decision was remarkable. He organized the Only Same-Sex Dance on a University Campus in U.S. History.
johnpfeldman.com
Available where books are sold March 18, 2016

Another one of Dalton Wong's fit tips: Fill up on healthy fats at lunch. It will keep you from craving sugary snacks later in the day. GETTY IMAGES

J-Law's trainer's number one tip will surprise you

Spoiler: You don't have to give up your favorite foods.

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

Unlike some celebrities who seem to eat hardly anything (we're looking at you, Tom and Gisele), Jennifer Lawrence loves booze and food. So how does her body look so amazing? Well, she has a little help.

Lawrence — as well as Kit Harington, Amanda Seyfried and Zoe Kravitz — turn to personal trainer Dalton Wong to look good while still enjoying life. Now, Wong is spilling the secrets in his new book, "The Feelgood Plan." We ask Wong directly for his tips:

Know how to manage stress

The number one thing Wong tells his clients isn't how many times a week they have to work out or what foods they can't eat. It's learning how to relax. "For Kit, Jennifer, Amanda, it's important to teach them how to cope with stress so they can be resilient for their job," Wong says.

"It's not sexy, but it's one of the most important and powerful parts in order to be a healthy person. You can't just exercise more and eat less to have a sustainable lifestyle." His book has tips on unwinding at the end of the day and getting a good night's sleep to help the body and mind repair itself from the stresses of everyday life. It's an important, yet unexpected tip.

Eat what you crave, just balance it out

Instead of mandating a diet, "The Feelgood Plan" teaches readers how to tweak the eating habits they already have, so they can still eat the food they like without going overboard.

"If you want to go out with your friends and have some cake or you want to have a glass of wine with your partner at the end of the day, do it. Just balance it out by eating healthier throughout the day," Wong says. His book is also full of ideas for tweaking everything from burgers to cheesecake to barbecue, making it healthier so you can really feel good during — and after — you dig in.

Indulge when you're happy, not sad

Wong makes a pointed observation: If you go out with your friends and you all decide to have some chocolate cake and a couple drinks, that's going to make you feel happy. But if you drink and eat cake because you are alone and upset, it won't. If you're going to indulge, make it worth it.

Have a workout you can do anytime, anyplace

Being a personal trainer to Hollywood's biggest actors, Wong says he often finds himself doing workouts in a lot of weird places. The moves in his book don't require any equipment and the routines only take 15 minutes. "I came up with it so there would be no excuses," he says. "If you don't have 15 minutes, then you're not really motivated to begin with."

Hahnemann University HOSPITAL
CANCER CENTER

Hahnemann University Hospital Cancer Center offers a comprehensive cancer care program including

Multidisciplinary Breast, Lung, Prostate & Gynecology/Oncology Programs

Our cancer program overseen by co-directors LYDIA KOMARNICKY, M.D. & RENE RUBIN, M.D., *Philadelphia Magazine* Top Docs, includes experts that specialize in the latest treatments for all types of cancer.

The Cancer Center provides a full support program including a nurse navigator to provide personalized, compassionate treatment, from start to finish on Hahnemann's campus.

Lydia Komarnicky, M.D.

Rene Rubin, M.D.

Commission on Cancer
NAPBC

FOR MORE INFORMATION CALL 1-866-884-4HUH (4484) OR VISIT OUR WEBSITE WWW.HAHNEMANNHOSPITAL.COM

Head to Metro.us for three cactus water cocktail recipes for your next pregame. ISTOCK

The latest hangover cure: cactus water

Give the Pedialyte back to the babies.

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

A new brand of trendy plant water just hit the Whole Foods shelves. Before you roll your eyes, manufacturer Steaz claims that its cactus water is not only the perfect post-workout recovery drink, but can also fight pimples and make your skin glow. Oh, and it supposedly prevents hangovers.

Skeptical? Between all the supposed hangover cures out there, like on-demand doctors who will show up to your home with an IV drip, chugging Pedialyte and drinking a nice big glass of pickle juice — yep, it's a thing — it's hard not to be a little jaded. Here's everything you need to know about this new "miracle drink."

What it is

The desert may seem like the last logical place to look for hydration, but it's precisely because of the lack of rain that cacti have adapted to store water much longer than other plants. Hey, if you were stranded in the desert, chances are you'd drink up too.

The water is extracted from the prickly pear cactus, known for its sweet fruit. Since the water comes from a fruit, it has a naturally sweet, berry-flavored taste, with less sugar and calories than coconut water.

OK, so it tastes good and is low in sugar — awesome. But why is it generating buzz among fitness fanatics? It turns out prickly pear juice is packed with vitamins, minerals and antioxidants, which all help athletes recover faster after a workout.

Will it really make you prettier?

Truth be told, the main key for keeping your skin from looking dry and flaky is hydration, so drinking regular old tap water will still work wonders, but plant water has vitamins that regular H2O doesn't, so it does give a little something extra.

If you're part of the coconut water squad, you already know about its anti-inflammatory qualities, which help keep skin looking fresh. Cactus water has antioxidants too, and one in particular — betalain — is know in the beauty biz for being the secret cure to under-eye puffiness. Added bonus: Cactus water's essential fatty acids act as a natural oil barrier, actually helping to prevent pimples.

About that hangover cure

Anything with electrolytes helps regulate hydration — the almighty key to curing your morning-after headache — so that puts cactus water up in the ranks with Gatorade for what to stock your fridge with when you're getting ready to rage.

The only true way to prevent a hangover is to moderate your alcohol intake, but if you're set on a wild night out, cactus water isn't a bad idea for a mixer, especially since it's naturally sweet (unlike mixing your vodka with coconut water or maple water, which just sounds gross).

We're all about the prevent-while-you-party mindset, so head to Metro.us for three cactus water cocktail recipes for your next pregame.

Is food a problem for you?

Do you eat when you're not hungry?
Do you binge, purge or restrict?
Is your weight affecting your life?

OVEREATERS ANONYMOUS.

Contact Overeaters Anonymous (oa.org)

NO dues • NO fees • NO weigh-ins • NO diets

For local meeting information:
Visit oa-phila.org
or call (215) 674-4418

When you're cute but you ain't summer ready

Dr. Robert Fortino

SPECIALIZING IN PHARMACEUTICAL GRADE SUPPLEMENTS FOR THE FITNESS ENTHUSIAST

215.336.8000
1822 South Broad Street Philadelphia, PA 19145
www.drfortino.com

A. MCGLAWN INSURANCE

Auto Insurance
Low down low monthly payment.

Life Insurance
Low cost 0-85 no medical exam same day insurance.

Homeowner Insurance
Any home same day coverage no turn downs.

Business Insurance
Same day coverage, All business no turn downs
General Liability, Worker Compensation,
Contractors, Truck Drivers, Day Care Centers,
Building owners, Hair Salon, Restaurants, Bars

WWW.MCGLAWNINSURANCE.COM
ANTHONYM@MCGLAWN.COM

215-782-8574

MACNOW: HOW TO RECONCILE GUILTY LOVE AFFAIR WITH FOOTBALL

THE SPORTS PROFESSOR

GLEN MACNOW
@RealGlenMacnow

I was smitten with pro football the first time I watched it at age 10. It was beautiful in its grace and teamwork. But what really drew me was the violence of 280-pound men colliding at full speed.

Like many fans, I was drawn to certain kinds of players. Head-hunting safeties, like Andre Waters. Seek-and-destroy linebackers, like Junior Seau. Or fearless, head-first, hole-punching fullbacks.

Like Kevin Turner.

Turner, who died last week at age 46 from Lou Gehrig's disease, played for the Eagles from 1995-99. He was a 230-pound battering ram, creating space for backfield partner Ricky Watters. He was a starter who loved special teams, tearing downfield to meet a punt returner straight on.

There is debate whether his death from a neurological disease is tied to the brain condition known as CTE, which has prematurely killed off players (including Watters and Seau). Turner was a lead plaintiff in the lawsuit brought by 5,000 former players who charged the NFL with hiding the dangers of concussions. He was due $5 million in a settlement when he died.

I interviewed Turner on my WIP-FM show several times in recent years. The last time, a year ago, his voice slurred and his words came slowly. It was, frankly, uncomfortable to listen to.

But it was also compelling. Turner showed remarkable candor and humor as he talked about mortality. Surprisingly, he said he did not regret his career. In fact, his son recently signed a letter of intent to play football at Clemson.

Turner's death now has me thinking. My football love affair focuses on Sunday afternoons, rarely considering the harsh realities these gladiators face after they leave the arena. How can I cheer that slobber-knocker of a hit over the middle if I ever consider that it's one more jarring hit to the brain for both tackler and ball carrier?

There's no good answer. The NFL — through conscience or CYA — has aimed to make its game safer by penalizing certain hits, installing contact-free practices and limiting kickoff returns. Problem is, all of that creates a penalty-laden, less-exciting game.

We can agree today's players are forewarned about what they are getting into. But, in reality, most pros enter that path when they are callow teens, too young to look at consequences that lay decades away. And none I've spoken with — including co-workers Ike Reese and Jon Runyan — say they would ever have done it differently.

Early retirements and early deaths have become common among NFL players and alumni. GETTY IMAGES

As a guy who's made my living writing and talking about the NFL, I can't renounce it without being a hypocrite. As a fan, I still love watching football. All of those screaming negatives get drowned out by the cheers of the crowd once the ball is kicked off.

But human consequences can't be ignored. Kevin Turner, and others like him, deserve our compassion. The league needs to keep searching for ways to make Sundays safer. And as the game changes, we, as fans, may need to love football for all those reasons other than the violence.

Philly Auto
4530 Torresdale Ave, Philadelphia, PA 19124
215.953.7400

WE HAVE YOUR NEXT CAR FOR LESS!
300 VEHICLES IN STOCK $1000 OFF WITH THIS AD!

2006 Chrysler Pacifica AWD — $6900 — $145/Month — 82k Miles
2006 Cadillac DTS Luxury — $6900 — $145/Month — 88k Miles
2011 Volkswagen Jetta SE — $8900 — $177/Month — 72k Miles
2012 Chevy Malibu LT — $8900 — $177/Month — 85k Miles
2011 Honda Civic EX — $9900 — $193/Month — 75k Miles
2013 Chrysler 200 Limited — $9900 — $193/Month — 76k Miles
2007 BMW 525xi AWD — $10,900 — $209/Month — 78k Miles
2013 Mitsubishi Outlander Sport 4X4 — $11,900 — $226/Month — 66k Miles
2012 Chevy Express Cargo 1500 — $11,900 — $226/Month — 89k Miles
2013 Dodge Dart SXT Turbo — $12,900 — $242/Month — 20k Miles
2014 Ford Taurus SE — $12,900 — $242/Month — 68k Miles
2009 Mercedes E350 4MATIC Sport — $13,900 — $258/Month — 83k Miles
2012 Dodge Charger SE — $13,900 — $258/Month — 85k Miles
2012 Nissan Maxima 3.5 SV — $14,900 — $274/Month — 75k Miles
2015 Nissan Altima 2.5 S — $14,900 — $274/Month — 29k Miles
2011 Nissan Murano SL AWD — $16,900 — $307/Month — 79k Miles
2008 Range Rover HSE 4WD — $17,900 — $323/Month — 88k Miles
2011 BMW X5 xDrive35i — $19,900 — $356/Month — 87k Miles
2011 Dodge Durango Citadel AWD — $19,900 — $356/Month — 85k Miles
2012 Buick Enclave Leather Group — $20,900 — $372/Month — 75k Miles

"Walk in and drive out. EVERYONE'S APPROVED!" visit www.PhillyAuto.com for our full inventory!

*Monthly payments reflect $2000 down payment. Terms, rates & payments vary based upon credit approvals. All prices are subject to change. Philly Auto is not responsible for misprints and/or typographical errors. Customer is liable for tax and tags.

Villanova seniors credit former Wildcats for Final Four success

The accomplishments of the 2015-16 Wildcats don't belong to the current players alone.

EVAN MACY
@evan_macy
evan.macy@metro.us

The 14 members of the Villanova Wildcats climbed up a ladder in Louisville Saturday night to cut down the nylon nets and celebrate becoming one of basketball's all-time elite teams. They had upset No. 1 overall seed Kansas and were Final Four bound for the first time since 2009.

But unlike a professional team, the development and eligibility of college athletes creates a much larger network of contributors to a Final Four squad.

Just ask big man Daniel Ochefu, who was quick to credit his senior predecessors as role models for success.

"For my fellow seniors, Pat [Farrell], Kevin [Rafferty], Henry [Lowe], Arch [Ryan Arcidiacono], it just means the world to us to be that class that brought Villanova back to the Final Four," Ochefu said. "Then for all the seniors we had, [Mouphtaou Yarou], Tony [Chennault], Taj Bell, JayVaughn Pinkston, Darrun Hilliard, they made me, Arch, all the seniors, they made us the guys we are today."

The Wildcats have quickly shaken off their label of an "early exiter," as the squad failed to make it to the second weekend during the tenure of 'Nova's current senior class.

"Definitely ended a lot earlier than we wanted to," Arcidiacono said, "but I think for us to go through the struggles and early exits really helped us persevere in this game and in this tournament. It wasn't about trying to get past the second weekend. It was trying to be the best we can be at the end of the year."

Villanova seniors Ryan Arcidiacono and Daniel Ochefu were quick to share their success with former teammates. GETTY IMAGES

It's particularly special for Arcidiacono, who grew up in Neshaminy High School and grew up watching many a Villanova team fall short.

"It's a surreal feeling," he said, "growing up, watching Villanova, I never thought I could be part of it. But we're not done yet and we'll get back to work on Monday and focus on Oklahoma."

And it's a sense of pride for 'Cats head coach Jay Wright, who has finally broken through after years of bitter endings.

"You just believe in your guys so much and you're telling them how great they can be," the coach said. "And you know it. You see it in them, but they're 18-to-22 years old. Sometimes they don't realize it and you get them maybe 75 percent of the way there and they leave you.

"You feel good for them, they got partly there, but you feel like you failed them a little bit. It's the greatest feeling in the world to see these guys get to that point where everyone else sees that they're as good as we see they can be."

The Wildcats will look to win the first of the two games necessary to be crowned national champions when they travel to Houston next Saturday to face the Sooners.

NOTICE OF PUBLIC SALE:

The following self-storage Cube contents containing household and other goods will be sold for cash by CubeSmart 777 Mayfair Street to satisfy a lien on APRIL 5, 2016 at approx. 11:30 AM at www.storagetreasures.com

1425 Joyce Gatling • 2203 Amber C Woodson • 2226 Sherwood C Gardner
2710 William J Milburn • 3206 Ebonie Aigner Jones • 3501 Howard Davenport
4201 Simone White • 4309 Demaris Bryant • 4525 Iriah Gerlene Wescott
4711 Lorraine Dickerson • 5307 Lashawn B Wheeler • 5310 Vasser, Alexandra
5425 Christine E Meyer • 5612 Mike Harper • 5522 Antionette Robinson
2412 Jeanette Fagans • 3118 Ashley Anne Kunkle

clubmetro

THE Philly SHOWCASE OF WINE & CHEESE

WIN A PAIR OF TICKETS TO
THE PHILLY SHOWCASE
OF WINE & CHEESE

APRIL 8, 2016
6:00-10:00 PM

For your chance to win, log on to
CLUBMETRO.METRO.US

MARC ROSSI AUTO SALES PHILADELPHIA

• Bad Credit
• No Credit
• Repos
OKAY!

$0 DOWN Available
No Credit Check*

GUARANTEED CREDIT APPROVAL!*

2009 Jeep Patriot Sport
AWD, Roof Rack, Like New

2009 Nissan Altima S
Premium Seating, CD/MP3, 1 Owner

2009 Toyota Corolla LE
CD/MP3, 1 Owner, Fuel Efficient

2008 Subaru Imprezza
4WD, Sat Radio, Like New!

2009 Ford Escape XLT
Roof Rack, Privacy Glass, Running Boards

2008 Jeep Grand Cherokee
4WD, Moonroof, 3rd Row Seats

2009 Dodge Journey SXT
Sirius Sat Radio, Roof Rack, Privacy Glass

2011 Chevy Traverse LS
AWD, Privacy Glass, Roof Rack

2010 Ford Edge SEL
AWD, CD/MP3, Privacy Glass

2009 Nissan Murano SL
4WD, Leather, Moonroof

2009 Jeep Liberty LTD
4WD, 3rd Row Seats, Leather

2011 Volkswagen Jetta SE
Leather, Moon Roof, Navigation

CALL TODAY. DRIVE TODAY.
215.831.8861
www.driverossi.com
3759 Kensington Ave., Philadelphia, PA 19124
★ $500 OFF Vehicle Purchase w/ Ad ★
$0 down, guaranteed credit approval, and no credit check for in-house financing only.

CARFAX ADVANTAGE DEALER

MEDICAL RESEARCH

To advertise call Jennifer Lydon at 215-717-2694 or email jennifer.lydon@metro.us

Do you have Psoriasis?

YOU MAY BE A CANDIDATE FOR A CLINICAL RESEARCH STUDY

We are currently enrolling qualified participants in a clinical research study with plaque psoriasis; other restrictions may apply.

Health Insurance is not needed to participate and you may receive compensation for time and travel. Eligibility is determined at time of initial visit.

If you or someone you know qualifies, please call

PADDINGTON TESTING CO.

215 563-7330

ARE YOU A DIABETIC?

Do you have a Sore on your foot?

A foot ulcer is an open sore an the foot that can be difficult to heal.

you may qualify to participate in clinical research study of an investigational product

Qualified participants may receive study-related:

- Evaluations, physical exams, routine lab work
- Investigational products or placebo • Wound care dressings

Compensation for time and travel may be available.

If interested, please contact:

PADDINGTON TESTING CO, INC

Phone 215 563 7330

Penn

Research Study

Coping with Negative Experiences Related to Weight

Researchers at the University of Pennsylvania are offering a new group program to help individuals cope with negative experiences due to weight.

You may be eligible to participate if you are:

- 18 years or older
- overweight
- concerned about your weight AND
- your weight affects how you feel about yourself

This is not a weight loss program, but strategies for building healthy habits will be discussed.

For more information, please call (215) 746-5129

Children Needed for Nutrition Research Study

The University of Pennsylvania is seeking children (ages 7 to 9) and their mother to participate in a nutrition research study. Children will be asked to eat breakfast, lunch, and dinner in our Center once a week for two weeks. Each visit will last from 8:00AM until 5:30PM. Children will also be asked to have their body measurements assessed on two separate occasions.

All meals and compensation ($355) are provided.

Call (215) 746-7188 for details

Penn

SERVICES

$$$ CASH $$$
For Diabetic Test Strips
$50-100ct - $25-50ct
Also Buying Smoking patches & gum
221 W. Girard Ave. (drop off only)
Hours: M-F 8:30-3:30p.m. Sat: 10-2p.m.
267-275-1717 www.dollarsforstrips.com

$$$$ Diabetic Test Strips Needed $$$$
Also Nicoderm CQ patches. Will pay up to $50 per box. Will pick-up.
Call #610.453.2525

$$ CASH PAID $$
BUYING NICOTINE PATCHES / GUM and Diabetic Test Strips
We Pickup
215-395-7100

DIVORCE
$250 *Complete!*
Uncontested, No-Fault, Mutual Consent
215-219-2520
Document Prep Service, Not a Lawyer

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

MEDICAL RESEARCH

To advertise call Jennifer Lydon at 215-717-2694 or email jennifer.lydon@metro.us

LOW BACK PAIN?

Explore the SUMMIT research study.

No-cost study medication for pain
Study related care from a local doctor
May receive reimbursement for time & travel

For ages 18 to 75

215-884-1700
www.clinicaltrialcenter.com

THE CLINICAL TRIAL CENTER LLC

Are you struggling with...

Alcohol
Cocaine?
Heroin?
Painkillers?

CONSIDER A RESEARCH STUDY

The **Treatment Research Center** at the University of Pennsylvania is currently conducting clinical trials with investigational new drugs for alcohol, cocaine and opiates.

You may be eligible to participate in a study at no cost to you. If eligible, you may be compensated for your time.

For more information:
Call **215-243-9959**

Perelman School of Medicine
University of Pennsylvania

ITEMS WANTED

NEED CASH?

$ BUYING Diabetic Test Strips, Nicotine Patches/Gum $

215-425-7897
Drop off at 1802 E. Allegheny Ave. Phila

LEGAL SERVICES

To advertise call Erin Thomson at 215-717-2691 or email erin.thomson@metro.us

Medical Mistakes

Cerebral Palsy
Birth Injury
Amputations
Cancer Misdiagnosis
Surgery Mistakes
Hospital Death

Harvard & Yale trained Doctor-Lawyer

- Over $90 million recovered since 2012 as co-counsel
- Named one of 2014, 2015 Super Lawyers by publisher of Philadelphia Magazine

Law Offices of Tai Y. Wong
215·592·9750
Free Initial Consultation. No Recovery-No Fee
1101 Market Street, Aramark Tower Suite 2820, Philadelphia, PA 19107

SLIP AND FALL

Our Law Firm handles all ***FALL DOWN*** Claims
Free Consultation 24/7
215-268-7800
1617 JFK Blvd., Suite 355 Philadelphia, PA 19103
SLIPANDFALLGUYS.COM

INJURED AT WORK?

WE WILL FIGHT FOR YOU

- WORK INJURIES
- SOCIAL SECURITY DISABILITY

FREE CONSULTATION • SE HABLA ESPANOL
215-546-4208

ADAMS RENZI AR LAW

CALL CHRISTY ADAMS, ESQ • ADAMS RENZI LAW
CENTER CITY • 1429 Walnut St. NORTH PHILA. • 227 W. Lehigh Ave.

metro CLASSIFIEDS

To place an ad call 866-900-9473 or visit us at www.metro.us

DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

CASH FOR DIABETES TEST STRIPS

- Up to $35/box! Payment Made SAME-DAY We Receive Your Strips! Call Jenni for a Quote Today! 800-413-3479

www.CashForYourTestStrips.com.

metro CLASSIFIEDS
To place an ad call 866-900-9473

REAL ESTATE

Real Estate for Sale

House For Sale
$592.22 a month
3 Bedrooms, Excellent condition
Nick's Real Estate
(215) 425-3500

Real Estate Wanted

WE BUY UGLY HOUSES.®
HOMEVESTORS
AMERICA'S #1 HOME BUYER
1-800-301-3223

Rentals

RENT TO OWN!

7227 Briar Rd.	6367 Magnolia St.
East Oak Lane	Germantown
$900/mo.	$825/mo.
Finished Basement	Huge Back Yard
Stainless Steel Appliances	Stainless Steel Appliances
Granite Countertops	Granite Countertops

YouTube these addresses to view the properties online!
Check out our other properties at:
www.rent2ownphilly.com
215-941-3224
STEVE BRASLOW
ATLANTIC PACIFIC MORTGAGE CORP.
NMLS #466335 • One of the top rated Mortgage Bankers in NJ & PA offering FHA, VA and Conventional loans.
856-296-7972

UPPER DARBY! RENT SPECIALS! APARTMENTS AVALAILABLE NOW!
Studios, 1 and 2 BDR.
Heat, gas, & water included.
$550-$810
Please call: 610-734-2360

1 Bed/Basement efficiency on 2nd and Godfrey (Olney Section) going for $750/mo includes water/heat/electric. Call Lucy #267.608.3620

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

CARS

Vehicles Wanted

WE BUY CARS & TRUCKS
(any condition)
$100--$5000
CASH PAID
FREE TOWING
SAME DAY PICKUP
267-229-1970

WE BUY JUNK CARS!
Top dollar paid in CASH!
Free pickup!
Call: 609-851-2980 or 215-429-8336

$$$ UP TO $1100.00 $$$
For Cars w/Bad Engines w/ or w/out title
500.00 CASH $$$
For Any Junk Cars or Trucks
215-669-1000

JOBS

General Help Wanted

Paratransit Drivers Wanted
Requires knowledge of Philadelphia and surrounding areas.
Must be 23 yrs. of age or older and possess a valid PA driver's license for 3 yrs.
Must have a clean criminal and motor vehicle background and pass drug/alcohol screening.
Paid Training and Benefits.
Apply In Person or Go To: www.EdensTransit.com
Edens Transit
Call Edens Transit Monday-Friday
215-992-8000

Perform searches, recruits for qualified job candidates; implement effective systems for the performance evaluation; implement HR strategy and effective implementation of the internal control; proper design and functioning of the HR management system; implement of effective systems for employment records; confer with management to develop or implement HR policies or procedures and edit materials of Standard Operating Process. Contact Email: hr@northamg.com

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

DRIVER/PARATRANSIT
Abington, PA
$11/HOUR
• Previous experience preferred
• PA license • Good MVR
• At least 21 years old
• Location is accessible to public transportation
CALL
215-517-7938

ENTERTAINMENT

Chat With America's Party Crowd!
see who's online now!
"LIVEWIRE CHAT" 1-206-876-2929

Club Voice M.A.L.E.
(Ultra M4M Chat)
1-206-876-6669
Hot Sexy Amateurs - Live 1 on 1
1-702-216-8888
Ld rates apply 18+

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

PSYCHICS

International Spiritual Healer

SHEIKH MANSOUR
Born with Gifter Power
EXPERT IN ALL OCCULTIST HUMAN PROBLEMS
Supernatural gifted man who helps both internal & external matters in:
• Love • Marriage • Family Protection
• Children Problem • Health • Money
• Job • Business • Enemies • Court Cases
• Sexual Problem • Negativity • Divorce matter
• Stop drinking • Give unbreakable protection
Only one visit lead you to the right path!
FREE: FIRST THREE QUESTIONS.NO TIME-LIMIT FOR ANY CONSULTATION.
Call now for joy!
100% GURANTEED RESULT! •Call: 347-261-0226

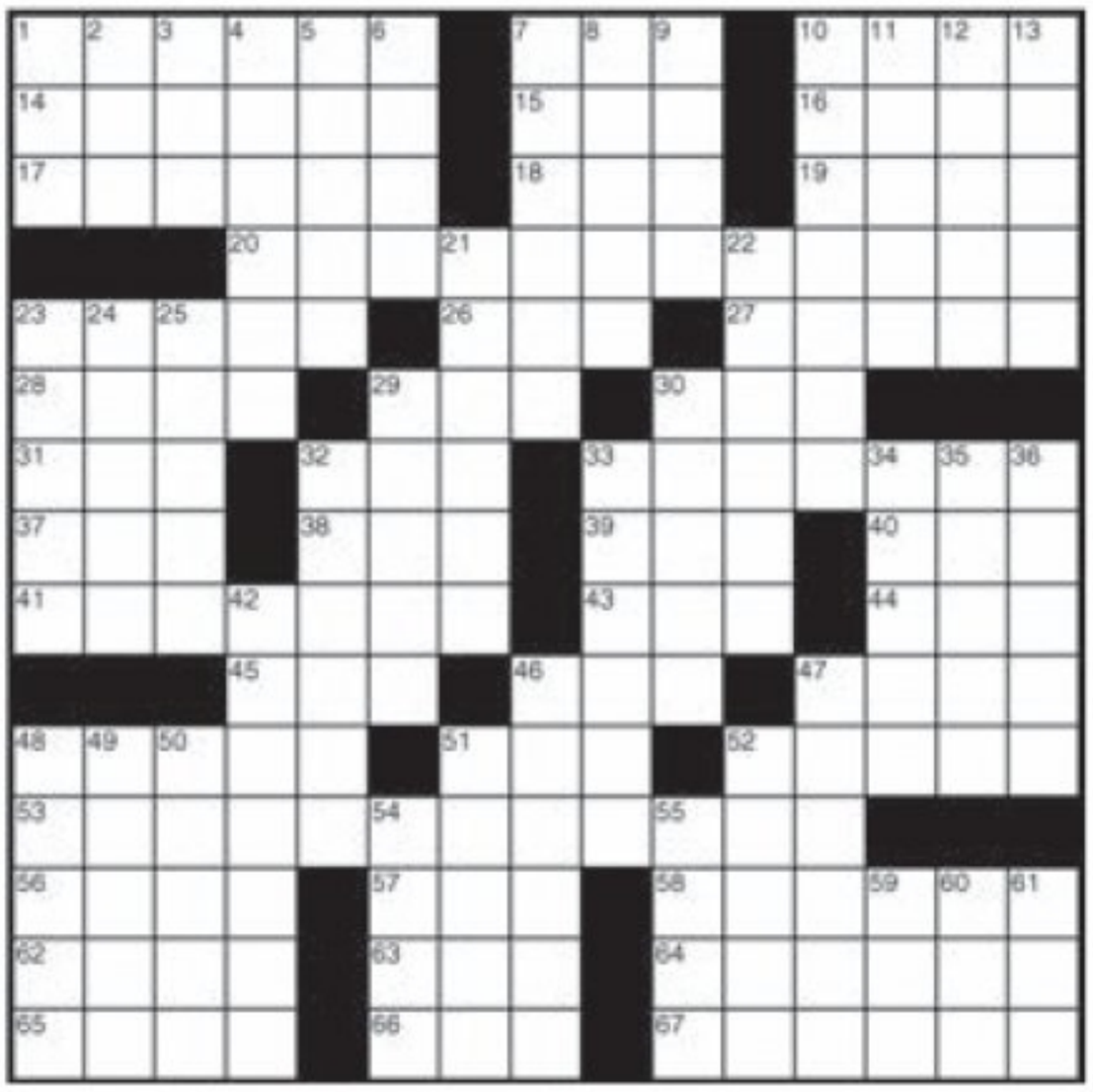
MR. KAMARA
A Man with God's Natural Gifted Power

has successfully helped many people with their spiritual problems, including bring back loved ones. Stopped infidelity in relationships/ fixed Demonic forces/aided court cases/house cleansing/ stop enemy and offer protection
Private and confidential!
Don't suffer alone
1 FREE QUESTION
Call Now **484-268-0465**
N.E Philly

Mr. SAIDOU
International Spiritualist
Medium & Psychic
Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc.
Results in 7 Days Guaranteed.
Call 516-206-8543 and 646-339-9948
www.spiritualsaidou.com

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

metro.us/crossword



Across

1 Sparse
7 Gob of bubblegum
10 Pack of cards
14 Kind of paste
15 Teahouse attire
16 Grades 1-12
17 Whinnies
18 Gloating cry
19 Cell block brawl
20 Doesn't hold back (3 wds.)
23 Feels dizzy
26 Always, to Poe
27 Ceremonies
28 Prevail upon
29 DVD predecessor
30 Sawbones
31 Recline
32 Zuider -- (var.)
33 More stubborn
37 Clairvoyance
38 Finish
39 Architect's wing
40 Hunter's org.
41 Political thaw
43 Might
44 Winery cask
45 Bad-mouth
46 Pardonnez --, monsieur!
47 Shed tears
48 Portly
51 RV haven
52 Plaid garments
53 BLT source (2 wds.)
56 Concept
57 Home page addr.
58 Order taker
62 Apply paint
63 Grass-skirt accessory
64 Natural
65 Gardner of mystery
66 Pantyhose shade
67 Yanked

Down

1 Geol. formation
2 Fair-hiring abbr.
3 Left Bank pal
4 Flock
5 Social mores
6 Trellis coverer
7 Tweeter partner
8 Loathe
9 Fashion name
10 Crane
11 George who was a she
12 Throttle
13 Wind catchers
21 Break away
22 Londoner's umbrella
23 Governed
24 Wipe clean
25 Pyramid site
29 Lets off steam
30 The One-L Lama
32 Peak
33 Lament
34 Computer-chip maker
35 Blow, as a volcano
36 Screams and shouts
42 Train
46 Cancan's -- Rouge
47 Electrician's job
48 Cut the cake
49 Henry VIII's house
50 Ryan or Tatum
51 China neighbor
52 Reeves of "The Matrix"
54 Extremist sect
55 Gibe at
59 Playground game
60 Nice summer
61 Tulip color

metro.us /games

metro.us/sudoku

easy

					4	9	1	
3		4	8				5	
	9				2	4		3
			3			7	8	9
				9				
9	8	1			6			
5		9	1				6	
	6				5	1		7
	3	8	2					

hard

	2	5		1		4		
1	4	8						6
		9					1	
				7	5	1		8
			2		4			
5		2	8	6				
	3					5		
9						8	6	1
		6		9		2	4	

metro.us/horoscopes

Aries Revamp what you have to offer to fit current trends. Use your skills to supplement your income. Discussing how you feel with someone you love will result in positive changes.

Taurus Don't make unrealistic promises or underestimate your worth. It's more important to invest in yourself than to help someone else get ahead. Romance is in the stars.

Gemini Anger could prevent you from making a smart move. A constructive approach to dealing with your responsibilities will help you avoid complaints.

Cancer Get down to business and focus on what's expected of you. A change of philosophy will result from an encounter or experience. Do what works best for you.

Leo Stick to your budget in order to avoid being taken advantage of financially. Step into the spotlight and promote what you have to offer.

Virgo You will be blamed or criticized for your recklessness if you take chances. Get the approval of anyone your actions will affect before you proceed.

Libra Expand your knowledge and interests. If you apply what you learn, you will secure your earning potential. A trip, lecture or research expedition will prove inspirational.

Scorpio Your intuition will help you make a good decision. A playful but responsible attitude will help you get through any work-related matters that need addressing.

Sagittarius Keep a low profile. Problems while traveling or when dealing with institutions can be expected. Be precise to avoid a misunderstanding.

Capricorn The actions you undertake for others will be valued. An unusual offering will take you by surprise. Before you accept, find out if there are any stipulations.

Aquarius Formulate your strategy and turn your plan into a reality. Play by the rules and be ready to deal with anyone who tries to dismantle your game plan. Finish what you start.

Pisces Keep an open mind and a pure heart. Listen to concerns, and comfort and nurture anyone on your team who is lacking strength. You are only as strong as your weakest link.

Yesterday's answers

Can't wait until tomorrow to check your answers? Visit metro.us.

metro

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro Philadelphia 30 S. 15th St., Philadelphia, PA 19102 • **main** 215-717-2600 • **to advertise** 215-717-2695 • **Associate Publisher** Susan Peiffer • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** adsphilly@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Frank Burgos, frank.burgos@metro.us • **National News Editor** Morgan Rousseau, morgan.rousseau@metro.us • **Web Editor** Cristabelle Tumola, cristabelle.tumola@metro.us • **Art Director** Julianne Aerts, julianne.aerts@metro.us • **Sports Editor** Evan Macy, evan.macy@metro.us • **Features Editor/Style Editor** Tina Chadha, tina.chadha@metro.us • **Film/Tech Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Going Out Editor** Eva Kis, eva.kis@metro.us

Certified Audit CAC of Circulations

TIME TO SCHEDULE YOUR SPRING CLEANING!

The American Academy of Pediatrics recommends all children are seen by a dentist by their first birthday.

EXCEPTIONAL DENTISTRY FOR CHILDREN & TEENAGERS

ARE YOUR CHILDREN'S TEETH REALLY HEALTHY?

DOC BRESLER'S CAVITY BUSTERS

The Kids' Dentist, Kids love to visit!

7 Fun, Colorful locations:
Roxborough • Northeast • Lower Northeast
South Philly • Dresher
Jenkintown and Newtown Square

www.cavitybusters.com • Call for an appointment **215-543-5555**